

MONTEPIO MEIA MARATONA CASCAIS

POWERED BY
 **Montepio**
Associação Mutualista

CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1	1240	José Veiga	00:31:56	01:07:56	01:07:56	1	Associação de Jovens da Landeira	Senior	1
2	1495	Diogo Ramalheira	00:32:04	01:09:45	01:09:45	2		V35	1
3	1546	Ricardo Madeira	00:32:50	01:10:10	01:10:10	3	CCD TRANQUILIDADE	V40	1
4	628	Luis Margarido	00:32:51	01:12:12	01:12:12	4		V35	2
5	2092	Bruno Lourenço	00:33:36	01:14:01	01:14:00	5	GFD Running	Senior	2
6	2093	Avelino Eusébio	00:34:08	01:14:02	01:14:01	6	GFD Running	Senior	3
7	2	Dulce Félix	00:34:57	01:14:21	01:14:20	7	Sport Lisboa e Benfica	V40	1
8	610	Nuno Soares	00:34:46	01:14:22	01:14:21	8		V40	2
9	1704	Joao Fragoso	00:34:57	01:14:56	01:14:55	9		V40	3
10	2094	Joana Fonseca	00:34:56	01:15:21	01:15:21	10	GFD Running	V35	1
11	1557	Adriano Correia	00:35:59	01:15:43	01:15:32	11	CCD TRANQUILIDADE	Senior	4
12	2032	Lino Barruncho	00:35:16	01:16:16	01:16:15	12	LB SQUAD	V45	1
13	2229	Carlos García	00:35:09	01:16:31	01:16:30	13		V40	4
14	1671	Afonso Garcia	00:36:41	01:16:37	01:16:37	14		Senior	5
15	922	João Ginja	00:36:44	01:16:47	01:16:45	15	Linda-a-Pastora Sporting Clube	V55	1
16	1028	Paulo Garcia	00:35:44	01:16:47	01:16:47	17	CF Os Belenenses	V50	1
17	357	Fernando Pereira	00:36:44	01:16:49	01:16:48	18	GFD Running	V50	2
18	1743	Vitor Oliveira	00:36:40	01:16:49	01:16:46	16		Senior	6
19	1800	José Jarmela	00:36:44	01:17:00	01:16:57	19	NAZABOBODA	V55	2

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20	1665	João Catalão	00:36:12	01:17:07	01:17:05	20	Deloitte Running Club	V35	3
21	1973	Hélder Grosso	00:35:53	01:17:08	01:17:07	22		V40	5
22	332	Duarte Tirapicos	00:36:37	01:17:09	01:17:06	21	LB SQUAD	V35	4
23	395	Pedro Ferreira	00:35:27	01:17:14	01:17:13	23	Os Bichos	V45	2
24	2131	Bruno Sabido	00:36:22	01:17:21	01:17:20	24		Senior	7
25	1034	Paulo Torres	00:35:33	01:17:33	01:17:32	25	CF Os Belenenses	V45	3
26	1648	David Tibério	00:36:37	01:17:43	01:17:39	26		Senior	8
27	131	Filipe Marques	00:36:42	01:17:45	01:17:43	27	Estoril Praia Triatlo	V35	5
28	1599	Julio Finote	00:36:34	01:17:50	01:17:48	28	Clube Novo Banco	V50	3
29	918	Daniel Araújo	00:35:49	01:17:58	01:17:57	29	Associação Desportiva de Palmeiros Sintra	V40	6
30	46	Telmo Nogueira	00:36:44	01:18:04	01:18:03	30		V35	6
31	1802	João Pires	00:35:53	01:18:17	01:18:17	31	NAZABOBODA	V45	4
32	1799	Virgilio Gomes	00:36:44	01:18:24	01:18:23	32	NAZABOBODA	V55	3
33	1267	André Barros	00:36:42	01:18:52	01:18:47	33		Senior	9
34	51	Fábio Correia	00:38:40	01:19:15	01:19:13	34		Senior	10
35	2003	José Santos	00:37:14	01:19:16	01:19:15	36	Os Galgos	V50	4
36	1718	Hugo Dourado	00:37:39	01:19:20	01:19:19	38		V40	7
37	18	Rodrigo Almeida	00:38:40	01:19:21	01:19:19	37		V40	8
38	1037	Rudimar Moura	00:37:39	01:19:25	01:19:13	35	CF Os Belenenses	V45	5

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39	1553	Diogo Madeira	00:36:35	01:19:29	01:19:28	39	CCD TRANQUILIDADE	V35	7
40	1080	Hugo Silva	00:37:39	01:19:36	01:19:35	40		V35	8
41	1801	Paulo Silva	00:36:45	01:19:43	01:19:42	41	NAZABOBODA	V50	5
42	1638	Jorge Aires	00:36:45	01:19:45	01:19:44	42	CA Barreira	V45	6
43	99	Nuno Romão	00:37:39	01:19:45	01:19:44	43		V50	6
44	710	João Galo	00:38:16	01:20:02	01:20:01	46		V40	9
45	640	João Cruz	00:37:01	01:20:04	01:19:59	45	Team El Comandante	V40	10
46	1483	Santiago Puerto	00:38:51	01:20:05	01:19:51	44		Senior	11
47	1387	Emanuel Diogo	00:36:59	01:20:11	01:20:10	47	G.D.R. São Francisco da Serra	Senior	12
48	1857	Luis Faustino	00:37:54	01:20:31	01:20:30	49		V45	7
49	2052	Miguel Pires	00:38:24	01:20:35	01:20:25	48		Senior	13
50	1461	Nuno Pinho	00:37:33	01:20:36	01:20:35	50		V45	8
51	2365	Laura Grilo	00:37:54	01:20:47	01:20:44	51		V35	2
52	1191	Roberto Guerreiro	00:37:54	01:21:05	01:21:05	52		V40	11
53	1681	João Lopes	00:37:55	01:21:09	01:21:08	53	GDC Banco de Portugal	V35	9
54	59	Vasco Palma	00:37:32	01:21:18	01:21:15	54	Associação Desportiva de Palmeiros Sintra	V45	9
55	1740	Pedro Gomes	00:36:37	01:21:24	01:21:22	55	Federação da Família para a Paz Mundial e Unificação	V45	10
56	660	Francisco Monte	00:38:03	01:21:32	01:21:30	56	Amigos do Atletismo de Mafra	V40	12
57	2206	Tiago Encarnacao	00:37:54	01:21:39	01:21:36	58		Senior	14

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
58	2081	Nelson Amaral	00:38:16	01:21:44	01:21:38	59	Amigos do Atletismo de Mafra	V45	11
59	1920	Paulo Gomes	00:38:16	01:21:45	01:21:39	60	Amigos do Atletismo de Mafra	V50	7
60	761	João Silva	00:37:16	01:21:58	01:21:57	61	Estoril Praia Triatlo	V40	13
61	2295	Manuel Brandão	00:38:52	01:22:00	01:21:32	57	Deloitte Running Club	Senior	15
62	1262	André Corvo	00:38:28	01:22:02	01:22:01	63	Linda-a-Pastora Sporting Clube	V40	14
63	238	Jorge Caiado	00:38:29	01:22:06	01:22:03	65		V50	8
64	1911	André Barreto	00:39:42	01:22:18	01:22:15	66		Senior	16
65	2405	Luis Garcia	00:39:42	01:22:19	01:22:03	64	A.M.Atibá	V50	9
66	1035	Gustavo Santos	00:37:57	01:22:27	01:22:23	68	CF Os Belenenses	V50	10
67	1808	Jorge Rodrigues	00:38:24	01:22:28	01:22:27	70	NAZABOBODA	V55	4
68	1167	Tiago Alves	00:36:59	01:22:33	01:22:31	72	LB SQUAD	V40	15
69	282	Pedro Farinha	00:39:14	01:22:34	01:22:28	71		V40	16
70	2038	Rafael Hansen	00:39:41	01:22:34	01:21:57	62		Senior	17
71	656	Fábio Pratas	00:37:54	01:22:35	01:22:33	74	J.O.M.A Juventude Operária Monte Abrão	V35	10
72	2054	Ricardo Costa	00:38:44	01:22:37	01:22:36	75		V35	11
73	2406	Rui Lucas	00:39:43	01:22:38	01:22:22	67	A.M.Atibá	Senior	18
74	1837	Paulo Almeida	00:38:43	01:22:57	01:22:54	78	GFD Running	V50	11
75	383	Luiz Mota	00:39:14	01:22:58	01:22:56	79		V50	12
76	2095	Vera Nunes	00:38:46	01:23:11	01:23:10	81	GFD Running	V40	2

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
77	1146	Nuno Santos	00:38:49	01:23:22	01:23:20	83		V45	12
78	1579	Miguel Machado	00:39:43	01:23:22	01:23:06	80	LB SQUAD	V50	13
79	1367	Bruno Pereira	00:39:43	01:23:28	01:23:18	82		Senior	19
80	2004	Nuno Ruela	00:38:46	01:23:29	01:23:27	85	Os Galgos	V50	14
81	1786	Fábio Inácio	00:39:36	01:23:32	01:23:27	84		Senior	20
82	2445	Fábio Cebola	00:39:43	01:23:44	01:23:43	88	CCD TRANQUILIDADE	Senior	21
83	1561	Jorge Deus	00:39:43	01:23:45	01:23:29	86	CCD TRANQUILIDADE	V45	13
84	1587	Manuel Silva	00:39:31	01:23:47	01:23:45	90		Senior	22
85	1978	Nuno Silva	00:38:14	01:23:52	01:23:51	95		V35	12
86	533	Miguel Bernardo	00:39:13	01:23:56	01:23:50	91	Team El Comandante	V40	17
87	953	Diogo Ennes	00:42:02	01:23:57	01:22:26	69	LB SQUAD	V45	14
88	2415	Luis Castro	00:40:41	01:23:57	01:23:45	89	A.M.Atibá	Senior	23
89	2122	André Vaz	00:42:02	01:23:59	01:22:31	73	LB SQUAD	V35	13
90	2135	Mário Pires	00:41:29	01:23:59	01:22:49	77		V45	15
91	1818	João Barbosa	00:39:31	01:23:59	01:23:58	96		V45	16
92	1834	Luis Machado	00:39:45	01:24:01	01:23:51	94	GFD Running	V35	14
93	1828	Diogo Mourão	00:39:44	01:24:01	01:23:51	93	GFD Running	V35	15
94	877	Guilherme Guerra	00:42:02	01:24:07	01:22:37	76	LB SQUAD	Senior	24
95	919	Ricardo Rodrigues	00:40:15	01:24:07	01:24:02	97	Team El Comandante	V45	17

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
96	2213	Paulo Martins	00:38:50	01:24:13	01:24:11	98	Lusofonoteam	V45	18
97	1265	Samuel Galveia	00:39:43	01:24:20	01:24:11	99		V40	18
98	2066	4 Min/Km	00:39:42	01:24:20	01:24:14	102		V40	19
99	230	João Santos	00:39:29	01:24:29	01:24:27	103		V55	5
100	938	Luis Pereira	00:40:13	01:24:31	01:23:50	92	7Colinasrunners	V50	15
101	172	Marco Proença	00:39:43	01:24:32	01:24:29	104		V45	19
102	55	Elvio Goncalves	00:39:08	01:24:37	01:24:35	106		V35	16
103	1868	Bruno Maia	00:39:43	01:24:41	01:24:40	108		V45	20
104	240	Nelson Santos	00:39:43	01:24:42	01:24:40	107		V40	20
105	2200	Miguel Silva	00:40:36	01:25:08	01:23:34	87		Senior	25
106	1594	Francisco Duarte	00:40:25	01:25:10	01:24:57	109	Clube Novo Banco	Senior	26
107	66	Rui Santos	00:39:55	01:25:13	01:25:09	110		V40	21
108	671	Pedro Joaquim	00:40:34	01:25:24	01:25:21	112	Chelsicha Running	V40	22
109	627	Bruno Santos	00:40:27	01:25:27	01:24:12	100		Senior	27
110	417	Jonay Garcia-Estrada	00:40:07	01:25:34	01:25:33	118		V40	23
111	1564	Hugo Palmeiro	00:40:10	01:25:36	01:25:33	117		V45	21
112	199	Fernando Fraústo	00:39:45	01:25:38	01:25:35	119		Senior	28
113	359	José Coimbra	00:40:21	01:25:39	01:25:31	115		Senior	29
114	1769	Nuno Antunes	00:40:33	01:25:44	01:25:41	121		V45	22

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
115	1684	Tiago Alves	00:41:02	01:25:45	01:24:32	105	GDC Banco de Portugal	V40	24
116	967	Bruno Sousa	00:40:23	01:25:47	01:25:44	123		V45	23
117	1179	João Gameiro	00:39:44	01:25:47	01:25:44	122		V50	16
118	1460	Rui Rodrigues	00:41:39	01:25:48	01:25:46	124		V40	25
119	1358	Nuno Alves	00:41:35	01:25:54	01:25:50	125	OutSystems Olímpico de Oeiras	V45	24
120	899	Paulo Gomes	00:39:44	01:25:58	01:25:31	114		V40	26
121	809	Silvio Kusche	00:39:43	01:25:58	01:25:51	126		V45	25
122	13	Tiago Esteves	00:40:20	01:26:02	01:25:55	127		V35	17
123	317	David Pereira	00:39:42	01:26:10	01:26:09	132		V35	18
124	2185	Nuno Lopes	00:41:35	01:26:11	01:25:56	128	Clube Millennium bcp	V50	17
125	2158	Filipe Bate	00:41:35	01:26:13	01:26:01	130		Senior	30
126	1662	Catarina Lourenço	00:39:46	01:26:16	01:26:12	135	Deloitte Running Club	V45	1
127	1181	Gonçalo Champalimaud	00:41:59	01:26:17	01:25:58	129		V40	27
128	748	Manuel Fernandes	00:40:29	01:26:22	01:26:10	134		V45	26
129	1876	Dinis Ribas	00:40:03	01:26:26	01:26:09	133		V50	18
130	794	José Falé	00:41:40	01:26:29	01:25:18	111		V40	28
131	269	Andre Costal	00:41:29	01:26:31	01:26:29	138	AFDD Montijo	V45	27
132	1712	Pedro Duarte	00:41:05	01:26:34	01:26:07	131		V45	28
133	804	David Martins	00:39:45	01:26:34	01:26:26	137		Senior	31

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134	33	Vanessa Pereira	00:39:55	01:26:37	01:26:34	139		V35	3
135	290	João Pacheco	00:41:24	01:26:54	01:26:50	143		V35	19
136	266	João Cruz	00:41:35	01:26:55	01:26:52	145	AFDD Montijo	V35	20
137	1682	António Simões	00:40:57	01:26:56	01:26:41	141	GDC Banco de Portugal	V50	19
138	2027	Jacques Fernandes	00:41:40	01:26:58	01:26:54	146		V50	20
139	1174	Jorge Melo	00:42:02	01:27:02	01:25:32	116		V45	29
140	94	Luís Caldeira	00:43:29	01:27:03	01:24:13	101		V50	21
141	74	Bruno Almeida	00:40:55	01:27:05	01:26:49	142	DAR - RECARDÃES EXPANSION	V40	29
142	1990	João Silva	00:42:02	01:27:05	01:25:36	120		Senior	32
143	88	Filipe Junceiro	00:40:33	01:27:05	01:26:58	149		V40	30
144	2279	Marcelo Chagas	00:41:06	01:27:09	01:26:56	147		V35	21
145	1899	Eduardo Lourenço	00:40:28	01:27:09	01:26:51	144	Charneca Stars	V55	6
146	22	Sóstenes Barbosa	00:40:54	01:27:15	01:27:14	150		V35	22
147	1308	Rogério Machado	00:40:12	01:27:18	01:27:14	151		V40	31
148	2006	Pedro Cardoso	00:41:07	01:27:19	01:26:57	148	Os Galgos	V45	30
149	2109	João Rodrigues	00:42:03	01:27:20	01:26:41	140	Clube Brisa	V40	32
150	2017	João Duarte	00:39:02	01:27:27	01:27:17	152		Senior	33
151	1915	Pedro Cardoso	00:40:57	01:27:31	01:27:26	154		V40	33
152	1925	Brigitte Cardoso	00:40:58	01:27:32	01:27:26	155	CCD CRÉDITO AGRÍCOLA	V40	3

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
153	126	Miguel Carvalho	00:41:36	01:27:39	01:27:33	157		Senior	34
154	1598	José Vilhena	00:41:45	01:27:45	01:27:29	156	Clube Novo Banco	V55	7
155	396	Vitor Francisco	00:41:34	01:27:54	01:27:50	160		V50	22
156	69	Carlos Viseu	00:41:45	01:27:55	01:27:50	161	CF Os Belenenses	V50	23
157	646	Francisco Teixeira	00:40:06	01:27:57	01:27:55	162		V40	34
158	1049	Bruno Aguiar	00:40:14	01:27:59	01:27:49	158		Senior	35
159	114	Paulo Vieira	00:41:10	01:27:59	01:27:57	163		V45	31
160	1088	José Seabra	00:45:05	01:28:02	01:25:25	113		Senior	36
161	1960	Luis Pinto	00:43:28	01:28:08	01:26:24	136	Federação da Família para a Paz Mundial e Unificação	V45	32
162	2389	António Vilela	00:41:14	01:28:09	01:28:06	166		V50	24
163	1030	Luis Marçal	00:39:49	01:28:13	01:28:11	169	CF Os Belenenses	V45	33
164	1372	André Filipe	00:41:36	01:28:15	01:28:01	164	SS CGD	Senior	37
165	1441	Rafael Oliveira	00:42:17	01:28:21	01:28:06	167		Senior	38
166	463	José Santos	00:40:53	01:28:21	01:28:16	171	CCDTMetroLX	V50	25
167	138	Carlos Lima	00:42:38	01:28:23	01:27:50	159		V50	26
168	1050	Aristides Bordalo	00:42:17	01:28:27	01:28:21	174	Estoril Praia Triatlo	V55	8
169	1154	Pedro Frias	00:40:47	01:28:29	01:28:17	172		V45	34
170	2176	Pedro Silva	00:41:43	01:28:30	01:28:30	180	Clube Millennium bcp	V55	9
171	231	João Libânio	00:41:07	01:28:32	01:28:28	179		Senior	39

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
172	763	Jorge Fonseca	00:40:53	01:28:34	01:28:33	181		V45	35
173	1370	Alexandre Santos	00:42:10	01:28:38	01:28:09	168	SS CGD	V55	10
174	81	Nelson Moreira	00:41:55	01:28:38	01:28:27	177	Estoril Praia Triatlo	V45	36
175	446	Pedro Pereira	00:41:12	01:28:40	01:28:28	178	LB SQUAD	V45	37
176	659	David Caldeirão	00:42:03	01:28:40	01:28:02	165	Louletano	V50	27
177	1941	Pedro Pereira	00:41:08	01:28:41	01:28:40	187	Federação da Família para a Paz Mundial e Unificação	V35	23
178	1942	Mafalda Martinho	00:41:08	01:28:42	01:28:40	186	Federação da Família para a Paz Mundial e Unificação	Senior	1
179	750	Isabel Silva	00:42:17	01:28:43	01:28:38	183		V35	4
180	547	Daniel Oliveira	00:42:06	01:28:48	01:28:20	173		Senior	40
181	579	Luis Barracho	00:40:56	01:28:49	01:28:41	189		V35	24
182	180	David Inácio	00:42:17	01:28:52	01:28:12	170		Senior	41
183	1705	Henrique Pereira	00:43:22	01:28:57	01:28:38	184		V35	25
184	2073	Andre Robalo	00:41:48	01:28:57	01:28:40	188		V45	38
185	1742	Bruno Martins	00:41:21	01:29:03	01:29:01	194		V35	26
186	2391	Hugo Soares	00:43:12	01:29:06	01:27:23	153		V35	27
187	2464	Afzal Aziz	00:41:36	01:29:15	01:28:45	190	Casa do concelho dos arcos de valdevez	V35	28
188	1760	João Pereira	00:40:48	01:29:21	01:29:16	196		V35	29
189	624	Carlos Henriques	00:43:35	01:29:22	01:28:39	185		V35	30
190	2497	Diogo Parracho	00:40:47	01:29:24	01:28:22	175		Senior	42

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
191	1660	Nuno Faria	00:43:17	01:29:24	01:28:23	176	Deloitte Running Club	V35	31
192	356	Goncalo Silva	00:43:28	01:29:30	01:28:37	182		V40	35
193	525	Akil Xhura	00:40:54	01:29:31	01:29:00	193	Team El Comandante	Senior	43
194	859	Hanna Sousa	00:42:09	01:29:31	01:29:10	195		V45	2
195	2018	Gonçalo Silva	00:42:23	01:29:33	01:29:16	197		V40	36
196	2363	Francisco Lopes	00:42:03	01:29:43	01:28:56	191		Senior	44
197	1998	André Coelho	00:41:38	01:29:45	01:29:32	200	Os Galgos	V45	39
198	1631	Hélder Ferreira	00:41:16	01:29:46	01:29:22	199		V55	11
199	1208	Ricardo Pais	00:42:11	01:29:49	01:28:57	192		V35	32
200	1986	Diogo Vieira	00:42:57	01:29:50	01:29:16	198		V35	33
201	906	Joao Machado	00:42:38	01:29:56	01:29:40	201		V40	37
202	2331	Maria Nunes	00:43:51	01:29:57	01:29:41	202		V45	3
203	1831	Fernando Martins	00:42:51	01:29:58	01:29:43	203	GFD Running	V50	28
204	1094	Nuno Delicado	00:41:34	01:30:00	01:29:58	208		V45	40
205	642	Alexandre Carvalho	00:42:51	01:30:01	01:29:52	205	Correr Queluz	V50	29
206	268	David Figueiredo	00:41:58	01:30:05	01:30:01	211	AFDD Montijo	V45	41
207	162	David Mendes	00:42:21	01:30:06	01:29:58	207		Senior	45
208	1251	Marco Gonçalves	00:42:05	01:30:14	01:30:05	212		V40	38
209	694	Nelson Santos	00:42:48	01:30:16	01:30:13	217	7Colinasrunners	V40	39

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
210	1735	João Pires	00:43:39	01:30:17	01:29:59	209		V50	30
211	1951	Diamantino Serrano	00:42:49	01:30:17	01:30:09	214		V45	42
212	984	Nuno Silva	00:42:49	01:30:17	01:30:14	218	HeCaTEAM	V40	40
213	1716	Filipe Pedro	00:43:08	01:30:34	01:30:08	213		Senior	46
214	305	Gonçalo Gomes	00:42:00	01:30:34	01:29:55	206		Senior	47
215	2170	Rui Pereira	00:43:35	01:30:40	01:30:10	215		V35	34
216	1454	Nelson Costa	00:42:47	01:30:41	01:29:47	204	CCD CRÉDITO AGRÍCOLA	V40	41
217	1541	Ricardo Alves	00:41:52	01:30:46	01:30:30	219	CCD TRANQUILIDADE	V35	35
218	2040	Eduardo Tavares	00:43:04	01:31:05	01:30:55	233		V50	31
219	983	António Martinho	00:44:40	01:31:06	01:30:47	225	Fidelidade GDC	V45	43
220	796	Marcelo Pinto	00:42:54	01:31:08	01:30:49	227		Senior	48
221	876	Natália Guilherme	00:42:51	01:31:11	01:31:03	236		V40	4
222	2453	Bruno Brito	00:45:16	01:31:12	01:30:53	231		V40	42
223	772	Joaquim Ramalho	00:45:17	01:31:12	01:30:53	230		V50	32
224	1895	Pedro Maia	00:43:16	01:31:14	01:30:51	228		Senior	49
225	769	David Cardoso	00:42:53	01:31:16	01:31:08	237		V40	43
226	2446	Henrique Coelho	00:40:37	01:31:25	01:31:23	247	A.M.Atibá	V50	33
227	2367	Tomás Almeida	00:44:21	01:31:26	01:30:36	221		Senior	50
228	276	Bruno Godinho	00:43:25	01:31:26	01:31:15	243		V40	44

MONTEPIO MEIA MARATONA CASCAIS



CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
229	1319	João Carrajola	00:42:44	01:31:28	01:31:10	240		Senior	51
230	1513	Ana Santos	00:43:06	01:31:29	01:30:55	232		Senior	2
231	1180	Roman Romanyuk	00:43:06	01:31:29	01:31:25	248		V40	45
232	270	Alexandre Leal	00:42:50	01:31:31	01:31:14	242		V45	44
233	41	Priscila Gonçalves	00:42:42	01:31:33	01:31:31	254		V40	5
234	1672	Daniel Pereira	00:43:07	01:31:34	01:31:30	252	Juventude Atlético Clube	V35	36
235	325	Mauro Chande	00:43:27	01:31:34	01:31:02	235		V45	45
236	775	Miguel Barba	00:39:44	01:31:34	01:31:31	253		V40	46
237	263	Alexandre Lemos	00:44:50	01:31:34	01:30:34	220		Senior	52
238	335	Rui Figueira	00:44:01	01:31:35	01:31:22	246	Juventude Atlético Clube	V40	47
239	2035	Nelson Graça	00:43:42	01:31:35	01:31:34	255		V35	37
240	607	Guilherme Bezelga	00:42:22	01:31:35	01:31:29	251		Senior	53
241	1896	Catarina Tavora	00:43:42	01:31:37	01:31:36	256		Senior	3
242	2208	Jacinto Ferreira	00:43:28	01:31:39	01:31:01	234		V50	34
243	2284	André Gouveia	00:44:18	01:31:44	01:29:59	210		V40	48
244	1618	José Gomes	00:43:30	01:31:49	01:31:11	241		V45	46
245	47	Diogo Amaral	00:43:33	01:31:51	01:30:52	229		Senior	54
246	735	José Cruz	00:42:49	01:31:59	01:31:52	259		V50	35
247	1987	Eurico Nicho	00:42:54	01:32:00	01:31:45	257	Os Galgos	V60	1

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
248	1722	Tony Almeida	00:45:38	01:32:03	01:30:48	226		V40	49
249	667	João Caçador	00:43:09	01:32:06	01:31:26	249	Nesha Hop & Run Team	V35	38
250	2328	Alexandre Nunes	00:45:10	01:32:08	01:30:13	216		V45	47
251	1686	Bruno Pires	00:43:59	01:32:09	01:30:38	222	GDC Banco de Portugal	V40	50
252	581	Esmeraldino Sá	00:41:09	01:32:10	01:32:06	265		V45	48
253	2276	Carlos Hernandez	00:44:21	01:32:11	01:31:21	245		Senior	55
254	1720	Mário Jerónimo	00:41:10	01:32:14	01:32:01	260		V50	36
255	1761	Jorge Simão	00:43:16	01:32:15	01:32:02	261		V60	2
256	1029	Vitor Gonzas	00:42:51	01:32:19	01:32:14	267	CF Os Belenenses	V55	12
257	1839	Pedro Vieira	00:44:19	01:32:25	01:32:02	262	GFD Running	V50	37
258	1136	Dinis Salgado	00:41:37	01:32:34	01:31:21	244		Senior	56
259	879	Miguel Almeida	00:42:12	01:32:34	01:32:16	271		V45	49
260	2142	Gilmar Bichet	00:44:34	01:32:36	01:31:09	238		V50	38
261	1051	Matheus Souza	00:43:03	01:32:38	01:32:03	263		V35	39
262	1390	Nuno Renato	00:44:54	01:32:40	01:32:15	268	Nicolau & Rosa, Lda	V35	40
263	1953	Daniel Silva	00:43:26	01:32:43	01:32:34	287		Senior	57
264	792	Miguel Tomé	00:39:57	01:32:44	01:32:41	292		Senior	58
265	1620	João Antunes	00:43:54	01:32:49	01:32:40	291		V50	39
266	2024	Nuno Gonçalves	00:43:05	01:32:49	01:32:27	283		V40	51

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
267	147	Joao Morais	00:42:51	01:32:49	01:32:26	282	Estoril Praia Triatlo	V40	52
268	346	Sérgio Pontes	00:43:37	01:32:50	01:32:39	289		V45	50
269	1713	José Silva	00:45:06	01:32:50	01:30:39	223		Senior	59
270	505	Tiago Quitério	00:42:38	01:32:54	01:32:47	297		V40	53
271	2244	Duarte Reis	00:46:31	01:32:56	01:31:28	250		Senior	60
272	1603	Miguel Sousa	00:43:34	01:32:57	01:32:31	285	Clube Novo Banco	V50	40
273	2212	Rui Oliveira	00:43:22	01:32:57	01:32:56	304	Linda-a-Pastora Sporting Clube	V50	41
274	1490	Horácio Ferreira	00:43:38	01:32:58	01:32:33	286		V50	42
275	408	Frederico Batista	00:42:54	01:32:58	01:32:28	284		V35	41
276	1838	Artur Pinto	00:44:24	01:33:02	01:32:39	288	GFD Running	V45	51
277	249	António Almeida	00:44:24	01:33:02	01:32:39	290		V50	43
278	691	Nuno Fernandes	00:43:07	01:33:04	01:32:55	300		V45	52
279	20	Miguel Pereira	00:41:43	01:33:04	01:32:55	302		V50	44
280	2283	Bruno Pereira	00:44:56	01:33:05	01:32:22	280		V45	53
281	2384	Jose Madeira	00:45:04	01:33:06	01:32:44	295		V35	42
282	133	Bruno Carlos	00:45:32	01:33:07	01:32:42	294		V40	54
283	2108	Sérgio Neves	00:44:37	01:33:08	01:32:05	264		V45	54
284	1803	António Trigueiro	00:43:37	01:33:09	01:32:53	298	NAZABOBODA	V50	45
285	386	Pedro Tarouca	00:44:18	01:33:09	01:32:55	301		V55	13

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
286	298	Pedro Silva	00:44:02	01:33:10	01:32:58	305		V45	55
287	644	Pedro Carvalho	00:43:36	01:33:15	01:32:46	296	Onebuyshooprunners	V35	43
288	934	Marco Silva	00:42:39	01:33:16	01:33:14	315		V40	55
289	771	Mariana Alcoforado	00:44:52	01:33:17	01:33:02	310		V35	5
290	1027	José Massaça	00:43:42	01:33:19	01:33:03	312	CF Os Belenenses	V50	46
291	1714	Sérgio Moreira	00:43:45	01:33:22	01:33:00	307		V45	56
292	373	Armindo Sampaio	00:43:48	01:33:26	01:33:09	313		V60	3
293	462	José Alves	00:45:19	01:33:28	01:33:14	317	CCDTMetroLX	V50	47
294	456	Angelo Silva	00:45:19	01:33:28	01:33:14	316	CCDTMetroLX	V40	56
295	1313	Jorge Vaz	00:43:45	01:33:31	01:33:28	322		V45	57
296	2395	Luigi Pagano	00:44:23	01:33:33	01:32:41	293	CLUBE ACCENTURE	V35	44
297	647	Nuno Almeida	00:42:18	01:33:41	01:33:30	324		V40	57
298	1610	Konstantin Niashin	00:45:08	01:33:42	01:31:47	258		V35	45
299	2254	Paulo Ferreira	00:42:32	01:33:44	01:33:32	328		V45	58
300	35	Nuno Almeida	00:45:01	01:33:45	01:33:31	326		V40	58
301	2116	Abel Costa	00:45:29	01:33:46	01:32:55	299		V55	14
302	1276	Miguel Costa	00:45:29	01:33:46	01:32:55	303		Senior	61
303	2069	Pedro Andrade	00:44:30	01:33:46	01:32:16	269	LB SQUAD	V35	46
304	2337	Francisco Martins	00:44:24	01:33:46	01:32:17	275		V40	59

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
305	2104	João Marques	00:45:43	01:33:46	01:32:14	266		V50	48
306	1184	João Gomes	00:44:29	01:33:47	01:32:16	270	LB SQUAD	Senior	62
307	2078	Frederico Teixeira	00:43:34	01:33:47	01:32:17	273	LB SQUAD	V40	60
308	2072	José Valentim	00:44:08	01:33:47	01:32:17	272	LB SQUAD	V40	61
309	2098	Tiago Pereira	00:44:29	01:33:47	01:32:17	274	LB SQUAD	Senior	63
310	485	Rui Monteiro	00:43:35	01:33:47	01:33:31	325		Senior	64
311	2091	João Sacadura	00:43:34	01:33:47	01:32:18	276	LB SQUAD	V35	47
312	2076	Pedro Lorena	00:43:34	01:33:47	01:32:18	278	LB SQUAD	V35	48
313	2075	Frederico Pereira	00:44:29	01:33:47	01:32:18	277	LB SQUAD	Senior	65
314	2077	Tomas Pires	00:43:34	01:33:48	01:32:18	279	LB SQUAD	V35	49
315	2183	Jose Farinha	00:44:08	01:33:48	01:33:33	329	Clube Millennium bcp	V45	59
316	915	Paulo Lamego	00:43:31	01:33:48	01:33:26	321		V50	49
317	391	João Limão	00:44:00	01:33:48	01:33:38	333		V50	50
318	1270	Daniel Diogo	00:44:25	01:33:48	01:33:01	308		V35	50
319	1459	João Narra	00:44:36	01:33:50	01:33:31	327	SIMECQ	V50	51
320	1157	Diogo Mateus	00:44:40	01:33:51	01:33:44	337		V35	51
321	1901	Oscar Lopes	00:43:18	01:33:51	01:33:40	334		V40	62
322	668	José Morais	00:45:20	01:33:54	01:33:14	318	Nesha Hop & Run Team	Senior	66
323	1087	Miguel Gonçalves	00:44:35	01:33:54	01:33:03	311		Senior	67

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
324	954	Aleksandr Voronin	00:46:05	01:33:55	01:31:10	239		V40	63
325	1904	António Varandas	00:45:18	01:33:56	01:33:36	332		V50	52
326	452	Pedro Reis	00:44:00	01:33:58	01:33:45	338		V50	53
327	550	Hugo Barbosa	00:45:40	01:34:00	01:33:41	336		V40	64
328	1108	Tiago Luis	00:39:50	01:34:01	01:33:57	344		Senior	68
329	39	Simon Schmidt	00:44:36	01:34:03	01:33:50	342		V35	52
330	201	Cristiano Paes	00:43:00	01:34:07	01:33:55	343		V50	54
331	949	João Galhordas	00:42:15	01:34:10	01:33:49	340		V50	55
332	1836	Nelson Esteves	00:44:40	01:34:10	01:33:47	339	GFD Running	V40	65
333	1897	Nuno Lucas	00:44:22	01:34:11	01:34:00	347		V50	56
334	1214	Carlos Caeiro	00:44:39	01:34:11	01:34:04	350	Aminhacorrída/Runextrem	V45	60
335	1601	Luis Monteiro	00:43:36	01:34:13	01:34:01	348	Clube Novo Banco	V50	57
336	277	Heitor Araújo	00:45:59	01:34:23	01:34:13	355		V55	15
337	2002	Pedro Gonçalves	00:43:36	01:34:25	01:34:10	354	Os Galgos	V45	61
338	236	Miguel Amaral	00:44:37	01:34:27	01:34:08	353		V45	62
339	1447	Hugo Roque	00:43:12	01:34:29	01:33:58	345	Sporting Clube de Casainhos	V45	63
340	134	Eduardo Luís	00:45:14	01:34:32	01:34:22	357	Atómicos	V45	64
341	1634	Ricardo Ribeiro	00:45:04	01:34:34	01:32:59	306		V35	53
342	491	Rui Rodrigues	00:44:49	01:34:35	01:33:41	335	LB SQUAD	V60	4

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
343	371	Nuno Júlio	00:44:53	01:34:35	01:34:14	356	Estoril Praia Triatlo	V50	58
344	1183	Andre Martins	00:42:51	01:34:36	01:34:30	360		V45	65
345	1227	David Maia	00:46:13	01:34:41	01:33:01	309		Senior	69
346	537	Marco Astolfi	00:44:26	01:34:42	01:34:33	362		V35	54
347	1997	Mário Monteiro	00:46:23	01:34:44	01:34:00	346	Os Galgos	V50	59
348	109	Fernando Aves	00:45:56	01:34:48	01:33:21	320	NRD IDOLOS DA PRAÇA	V45	66
349	2262	Marco Belo	00:42:38	01:34:48	01:34:28	359		V45	67
350	687	Paulo Moreira	00:46:35	01:34:48	01:33:30	323		V50	60
351	545	Miguel Ferreira	00:43:57	01:34:49	01:34:39	365		V45	68
352	849	Adolfo Vagos	00:44:36	01:34:49	01:34:37	364		V50	61
353	1698	Gonçalo Ferreira	00:46:57	01:34:49	01:30:41	224	CF Os Belenenses	V50	62
354	757	André Barbosa	00:45:40	01:34:52	01:34:32	361		V35	55
355	1359	Ricardo Martins	00:44:56	01:34:55	01:34:40	367	OutSystems Olímpico de Oeiras	V45	69
356	228	Hugo Mateus	00:42:38	01:34:56	01:34:42	368		Senior	70
357	29	Filipe Santos	00:45:13	01:35:01	01:34:43	369		V45	70
358	2146	Diogo Silva	00:42:34	01:35:02	01:33:18	319		Senior	71
359	910	Afonso Claudino	00:45:05	01:35:02	01:32:25	281		Senior	72
360	1077	Carlos Calado	00:46:18	01:35:03	01:33:10	314		V50	63
361	431	Stephan Koenig	00:43:47	01:35:05	01:34:52	377		V55	16

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
362	1320	Tiago Tenente	00:44:25	01:35:06	01:34:49	374		V45	71
363	2259	José Gomes	00:44:38	01:35:08	01:34:49	373		V60	5
364	1236	Pedro Mendonca	00:44:11	01:35:12	01:34:34	363		V45	72
365	1548	Virgílio Madeira	00:44:30	01:35:15	01:34:59	381	CCD TRANQUILIDADE	V60	6
366	1957	Paulo Barrocas	00:42:38	01:35:16	01:35:11	391		Junior	1
367	2055	Manuel Carvalho	00:45:06	01:35:16	01:34:48	372	LB SQUAD	Senior	73
368	174	Carlos Roda	00:44:35	01:35:22	01:35:16	395		V40	66
369	1439	Pedro Ventura	00:45:17	01:35:23	01:35:02	382		V55	17
370	1710	Miguel Ferreira	00:44:28	01:35:24	01:34:24	358		Senior	74
371	369	Diogo Correia	00:46:44	01:35:24	01:34:05	352		Senior	75
372	159	Ricardo Pereira	00:45:26	01:35:26	01:35:04	385		V45	73
373	1226	Miguel Soares	00:45:42	01:35:27	01:34:47	371		Senior	76
374	1805	Francisco Fino	00:46:59	01:35:29	01:34:01	349	LB SQUAD	V40	67
375	587	Diogo Leite	00:43:54	01:35:31	01:35:15	394		V35	56
376	1392	Ricardo Lopes	00:45:15	01:35:35	01:35:10	388	Nicolau & Rosa, Lda	Senior	77
377	374	Paulo Manaças	00:45:06	01:35:36	01:35:20	397		V50	64
378	950	Pedro Leiria	00:45:21	01:35:38	01:34:52	376		V50	65
379	379	Vítor Almeida	00:45:41	01:35:40	01:34:39	366	Vara Trail Running	V40	68
380	443	Ruben Santos	00:46:33	01:35:41	01:33:35	331		V35	57

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
381	409	Den Chuang	00:42:53	01:35:47	01:35:42	413	Team El Comandante	Senior	78
382	2204	Filipe Mourão	00:46:00	01:35:49	01:35:07	387		Senior	79
383	24	Rui Cachaço	00:46:09	01:35:51	01:35:34	406		V40	69
384	2007	Nuno Lino	00:44:20	01:35:52	01:35:36	407	Os Galgos	V40	70
385	211	Cláudio Guilherme	00:43:07	01:35:52	01:35:39	411		V35	58
386	2234	Hugo Fragoso	00:45:49	01:35:52	01:35:33	405		Senior	80
387	44	Sergio Carvalho	00:45:21	01:35:53	01:35:28	402		V50	66
388	1373	Paulo Pires	00:46:50	01:35:53	01:34:59	380	SS CGD	V55	18
389	2289	Tiago Graça	00:45:22	01:35:56	01:34:04	351		Senior	81
390	85	Pedro Favinha	00:46:28	01:35:56	01:35:29	403		V50	67
391	2452	Julio Serras	00:46:23	01:35:58	01:35:48	417	urban run team	V50	68
392	2270	Gareth Altini	00:45:51	01:36:00	01:35:21	399		V45	74
393	1475	Jorge Ferreira	00:44:43	01:36:00	01:35:56	421		V40	71
394	1344	Ricardo Jerónimo	00:45:48	01:36:01	01:35:19	396		V35	59
395	1246	Vasco Azinheira	00:45:48	01:36:02	01:35:20	398		Senior	82
396	1211	Guilherme Dienstmann	00:45:31	01:36:08	01:34:51	375		V40	72
397	2083	Cristiano Marques	00:45:20	01:36:14	01:36:01	424	CF Os Belenenses	V50	69
398	650	Luis Aguiar	00:45:24	01:36:15	01:36:01	423		V45	75
399	865	Maria Parreira	00:47:13	01:36:16	01:33:33	330		Senior	4

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
400	2224	Joao Silveira	00:47:00	01:36:19	01:35:27	400		V40	73
401	846	Tiago Gradiz	00:43:07	01:36:20	01:36:11	426		V40	74
402	205	Alexandre Santos	00:43:05	01:36:22	01:36:16	428		V50	70
403	641	Rodrigo Quelhas	00:44:15	01:36:22	01:35:47	415	Tezwell	Senior	83
404	1711	Tiago Duarte	00:45:23	01:36:26	01:36:00	422		V50	71
405	956	Diogo Rodrigues	00:46:04	01:36:28	01:35:13	393		Senior	84
406	86	Pedro Filipe	00:46:32	01:36:32	01:35:50	419		V40	75
407	908	Gonçalo Lourenço	00:46:55	01:36:36	01:35:37	408		Senior	85
408	574	Pedro Carvalho	00:46:19	01:36:37	01:35:54	420		V55	19
409	1783	Nuno Torres	00:44:53	01:36:39	01:36:28	437	MTBA	V40	76
410	1291	José Brito	00:45:42	01:36:41	01:36:32	439		V60	7
411	493	Sebastião Soares	00:45:45	01:36:41	01:36:21	433		Senior	86
412	1882	Vitor Fonseca	00:47:20	01:36:41	01:35:38	409		V40	77
413	2261	Rolando Reis	00:47:20	01:36:41	01:35:39	410		V35	60
414	1317	Pedro Dias	00:47:21	01:36:42	01:34:55	379		Senior	87
415	1991	Fábio Santos	00:47:21	01:36:43	01:34:53	378		V35	61
416	2338	Rachel Edwards	00:45:39	01:36:44	01:36:22	434		Senior	5
417	1625	João Barciela	00:47:31	01:36:44	01:35:10	389		V35	62
418	747	Catarina Coito	00:45:44	01:36:44	01:36:38	444		V45	4

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
419	593	Alexandre Cavalheiro	00:45:44	01:36:44	01:36:36	442		V45	76
420	1917	Ricardo Pereira	00:46:56	01:36:44	01:36:17	430		V40	78
421	1626	Goncalo Pitaca	00:47:31	01:36:45	01:35:11	390	LB SQUAD	V35	63
422	481	Luís Marques	00:45:04	01:36:45	01:36:19	431		V50	72
423	536	Juan Márquez	00:44:34	01:36:46	01:36:38	445		V35	64
424	1125	Manuel Ferreira	00:46:20	01:36:46	01:36:19	432		V55	20
425	1525	João Dias	00:45:07	01:36:47	01:35:42	412		Senior	88
426	1438	Jorge Carneiro	00:45:15	01:36:48	01:36:28	436		V40	79
427	2141	José Ramalho	00:47:56	01:36:48	01:36:06	425	Team El Comandante	V55	21
428	390	Sérgio Mesquita	00:45:41	01:36:50	01:35:48	416	Vara Trail Running	V45	77
429	2000	Armando Dias	00:44:19	01:36:51	01:36:41	450	Os Galgos	V55	22
430	523	Humberto Marcolini	00:48:58	01:36:53	01:35:02	383		V40	80
431	985	Helena Moreira	00:46:15	01:36:54	01:36:39	446	HeCaTEAM	V45	5
432	630	Nuno Costa	00:45:24	01:36:57	01:36:52	455	SS CGD	V45	78
433	2317	Pedro Santos	00:46:06	01:37:01	01:35:49	418	Grupo Desportivo Santander Totta	V50	73
434	91	Eduardo Tacanho	00:45:39	01:37:01	01:36:52	458		V45	79
435	492	Sérgio Almeida	00:46:39	01:37:04	01:36:52	457		V45	80
436	393	João Fernandes	00:45:45	01:37:08	01:36:47	454	Brócolos Assassinos	Senior	89
437	2050	Pedro Silva	00:46:11	01:37:08	01:36:41	449		Senior	90

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
438	981	Tomás Sérvulo	00:46:44	01:37:10	01:37:02	460	Fidelidade GDC	Senior	91
439	1590	Carlos Gonçalves	00:44:51	01:37:12	01:36:55	459	Clube Novo Banco	V45	81
440	2366	Francisco Nogueira	00:46:32	01:37:14	01:36:32	440		V35	65
441	1797	Bruno Tecelão	00:45:58	01:37:14	01:37:05	464		V40	81
442	291	António Correia	00:45:34	01:37:16	01:37:10	467	Estoril Praia Triatlo	V40	82
443	732	Miguel Martins	00:48:04	01:37:16	01:35:03	384		V45	82
444	1613	Telmo Patrício	00:46:54	01:37:17	01:35:12	392		V40	83
445	1607	Pedro Sanguino	00:45:51	01:37:18	01:37:04	462	Clube Novo Banco	V40	84
446	1042	Pedro Nunes	00:44:38	01:37:22	01:37:09	466		Senior	92
447	695	Eduardo Coelho	00:46:45	01:37:22	01:36:47	453	ADRC mata de Benfica	V40	85
448	141	Pedro Rodrigues	00:44:54	01:37:24	01:37:13	469		V50	74
449	596	David Neto	00:45:31	01:37:25	01:37:17	471		V35	66
450	874	Rita Justino	00:45:33	01:37:30	01:37:24	476	Estoril Praia Triatlo	V40	6
451	122	Hugo Martins	00:46:00	01:37:35	01:37:15	470		V45	83
452	1323	Pedro Branco	00:47:34	01:37:37	01:36:40	447		V35	67
453	639	Filipe Graça	00:47:08	01:37:37	01:37:06	465	Team El Comandante	Senior	93
454	2280	Joaquim Silva	00:44:56	01:37:39	01:37:34	482		V45	84
455	923	Jorge Rodrigues	00:47:28	01:37:40	01:37:26	478	Clube Ferroviário de Portugal	V40	86
456	932	José Ferreira	00:46:34	01:37:41	01:36:52	456		V50	75

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
457	2322	Silverio Correia	00:46:06	01:37:44	01:37:27	479	Grupo Desportivo Santander Totta	V55	23
458	103	Rodrigo Correia	00:47:18	01:37:46	01:36:13	427		V50	76
459	1485	Gonçalo Porêlo	00:45:00	01:37:49	01:37:24	475	UDR Zona Alta	V40	87
460	1627	Jorge Raminhas	00:47:02	01:37:49	01:36:25	435		V35	68
461	60	Thomas Stark	00:44:37	01:37:51	01:37:37	483		V45	85
462	1199	Marcos Mesquita	00:46:46	01:37:51	01:37:19	472		V55	24
463	466	Nuno Pita	00:44:43	01:37:52	01:37:38	485	CCDTMetroLX	V45	86
464	1633	Rúben Coelho	00:48:20	01:37:52	01:33:50	341		Senior	94
465	1692	Luís Rio	00:46:53	01:37:57	01:37:19	473	GDC Banco de Portugal	V50	77
466	1376	Henrique Amador	00:45:37	01:37:58	01:37:44	489	SS CGD	V50	78
467	63	Pedro Santos	00:46:43	01:37:59	01:37:25	477		V35	69
468	1569	Acácio Cardoso	00:45:24	01:38:03	01:37:49	495		V50	79
469	1008	Henrique Ortigao	00:44:57	01:38:04	01:37:52	497		V35	70
470	1832	Hugo Moncacha	00:43:51	01:38:05	01:37:54	499	GFD Running	V45	87
471	958	Simão Morgado	00:46:59	01:38:05	01:36:36	441	LB SQUAD	V40	88
472	2034	Gonçalo Marta	00:45:46	01:38:06	01:37:47	492		Senior	95
473	970	Jorge Simões	00:47:17	01:38:08	01:37:28	480		V45	88
474	48	André Pereira	00:45:44	01:38:09	01:36:41	448		V35	71
475	224	Carlos Santos	00:45:39	01:38:11	01:37:54	500	Amigos da Corrida	V50	80

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
476	534	João Filho	00:47:23	01:38:13	01:36:16	429		V35	72
477	239	Diogo Alfarelos	00:47:19	01:38:14	01:37:57	503		V35	73
478	819	Henrique Ramos	00:45:36	01:38:14	01:37:43	487		V60	8
479	2156	Nuno Marques	00:47:37	01:38:14	01:34:44	370		V50	81
480	1673	Aliona Gutu	00:45:22	01:38:17	01:37:54	498		Senior	6
481	580	Duarte Costa	00:40:54	01:38:18	01:38:16	515		V35	74
482	818	Nuno Teixeira	00:46:47	01:38:19	01:36:30	438		V45	89
483	719	Pedro Nunes	00:48:30	01:38:19	01:36:42	451		Senior	96
484	1651	Celso Ferreira	00:46:02	01:38:19	01:38:07	509	Deloitte Running Club	Senior	97
485	689	Rafael Reis	00:46:07	01:38:23	01:38:00	505		Senior	98
486	448	Tiago Castanho	00:47:26	01:38:26	01:37:02	461		Senior	99
487	1085	Guilherme Martins	00:46:40	01:38:30	01:37:46	490		Senior	100
488	1064	Hugo Sousa	00:45:23	01:38:32	01:38:04	507		V40	89
489	905	João Pedroso	00:47:28	01:38:37	01:38:27	527		V60	9
490	2275	Connor Guilherme	00:44:23	01:38:37	01:37:48	493		Senior	101
491	1408	Carlos Marinho	00:46:53	01:38:38	01:38:11	511	CDCR DOS CTT	V40	90
492	2407	Joana Caldeira	00:46:22	01:38:38	01:38:28	528	A.M.Atibá	V45	6
493	824	Diogo Fouto	00:48:38	01:38:40	01:35:31	404		Senior	102
494	1903	António Soares	00:45:40	01:38:43	01:38:23	523		V55	25

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
495	509	Bruno Marques	00:45:26	01:38:43	01:38:18	517		V35	75
496	911	Alberto Pires	00:47:38	01:38:43	01:37:50	496	LB SQUAD	V50	82
497	2444	Jorge Serra	00:47:34	01:38:44	01:38:14	513	CCD TRANQUILIDADE	V55	26
498	1233	Gonçalo Raposo	00:49:25	01:38:44	01:38:03	506		Senior	103
499	480	Filipa Ferreira	00:46:41	01:38:44	01:38:23	522		Senior	7
500	2334	Francisco Martins	00:47:53	01:38:45	01:35:44	414		Senior	104
501	649	Jorge Mota	00:47:48	01:38:45	01:38:22	521		V45	90
502	907	Bruno Carvalheiro	00:47:26	01:38:45	01:37:04	463	LB SQUAD	V40	91
503	2255	José Cunha	00:46:57	01:38:46	01:37:41	486		V55	27
504	1141	Leandro Rodrigues	00:47:28	01:38:48	01:37:49	494		V40	92
505	1744	Pedro Garcia	00:46:37	01:38:51	01:38:32	532		V50	83
506	1368	Sérgio Nunes	00:47:32	01:38:55	01:38:21	520		V45	91
507	53	Tiago Rosário	00:48:45	01:38:56	01:36:36	443		Senior	105
508	2102	Goncalo Bouhon	00:47:10	01:38:59	01:38:51	542		Senior	106
509	1840	Rui Figueiredo	00:46:05	01:39:00	01:38:42	536	Quarteto	V45	92
510	1794	Duarte Costa	00:45:58	01:39:03	01:38:48	540		V40	93
511	1081	Luís Ribeiro	00:47:10	01:39:04	01:38:39	533		V45	93
512	895	Luis Marques	00:47:03	01:39:04	01:38:20	519		V45	94
513	1656	Rui Gonçalves	00:46:27	01:39:05	01:38:26	526	Deloitte Running Club	V45	95

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
514	1655	Gonçalo Santos	00:46:27	01:39:05	01:38:26	525	Deloitte Running Club	V40	94
515	567	José Neves	00:46:18	01:39:08	01:37:47	491		Senior	107
516	217	Filipe Pinheiro	00:47:49	01:39:10	01:38:19	518		Senior	108
517	362	Diogo Santos	00:45:53	01:39:11	01:38:59	550		V45	96
518	415	Carlos Santos	00:47:34	01:39:12	01:38:14	514		Senior	109
519	2103	Paulo Simões	00:48:36	01:39:12	01:37:58	504		V50	84
520	1293	João Andrade	00:48:50	01:39:14	01:35:06	386		Senior	110
521	1514	Carlos Gomes	00:47:01	01:39:16	01:38:41	535		Senior	111
522	1702	Nathalya Gobbo	00:48:13	01:39:16	01:38:57	546		V35	6
523	986	Flávio Esperança	00:47:11	01:39:17	01:37:10	468	GdrcUnidos	V35	76
524	831	Jorge Sirgado	00:47:39	01:39:19	01:38:09	510		V50	85
525	2282	Miguel Ramos	00:47:08	01:39:20	01:38:50	541		V45	97
526	1231	Joao Santos	00:46:04	01:39:21	01:39:12	559		V55	28
527	361	Nuno Almeida	00:46:24	01:39:21	01:38:43	537		V45	98
528	897	Maria Sousa	00:46:37	01:39:21	01:39:04	555		V45	7
529	482	Ricardo Costa	00:48:21	01:39:24	01:37:22	474		V35	77
530	1341	Joana Silva	00:46:36	01:39:30	01:38:44	538		Senior	8
531	388	Rui Velez	00:47:29	01:39:33	01:38:31	531		V50	86
532	789	Hélder Cotrim	00:45:54	01:39:35	01:39:27	572		V40	95

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
533	1213	Francisco Montez	00:46:08	01:39:35	01:38:56	544		Senior	112
534	483	Nuno Cabeça	00:46:37	01:39:42	01:39:26	570		V50	87
535	139	Bruno Paulino	00:47:10	01:39:42	01:39:24	566		V45	99
536	1883	António Azevedo	00:47:41	01:39:42	01:38:23	524		Junior	2
537	2184	Carlo Pinho	00:48:02	01:39:43	01:39:21	564	Clube Millennium bcp	V50	88
538	1585	André Martins	00:47:41	01:39:43	01:38:04	508	Run&Win(e)	V35	78
539	1264	Carlos Ferreira	00:47:34	01:39:44	01:38:56	545		V50	89
540	1333	Luis Murilhas	00:48:49	01:39:46	01:38:16	516	New Pine	Senior	113
541	176	Luis Lopes	00:46:55	01:39:47	01:39:16	561		V50	90
542	1040	Pedro Neves	00:47:48	01:39:50	01:37:43	488		V35	79
543	734	Francisco Machado	00:47:14	01:39:52	01:39:26	569		V45	100
544	887	Pedro Alvarez	00:47:34	01:39:52	01:39:30	575		V50	91
545	2063	Ricardo Veiga	00:43:15	01:39:53	01:39:36	579		V45	101
546	842	Nuno Carioca	00:49:19	01:39:54	01:39:05	556		V45	102
547	670	Rui Pratas	00:47:47	01:39:54	01:39:20	563	Chelsicha Running	V35	80
548	518	Hugo Silva	00:46:58	01:39:54	01:39:10	557		V45	103
549	1072	João Páscoa	00:45:27	01:39:55	01:39:42	587		V55	29
550	1848	Tiago Pinto	00:47:19	01:39:55	01:39:35	578		V40	96
551	2148	Tomas Nogueira	00:44:37	01:39:57	01:38:12	512		Senior	114

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
552	1186	Filipe Bettencourt	00:47:35	01:39:59	01:38:40	534		V45	104
553	1238	Joao Fernandes	00:47:38	01:39:59	01:39:25	568		V45	105
554	733	Paulo Jorge	00:47:34	01:40:00	01:39:24	567		V45	106
555	312	Nuno Vaz	00:48:38	01:40:00	01:39:21	565		V45	107
556	1820	Tiago Silva	00:47:30	01:40:02	01:39:38	584		V35	81
557	1347	Miguel Sousa	00:46:56	01:40:07	01:39:38	585		V45	108
558	625	Constança Marques	00:46:13	01:40:07	01:39:40	586		Senior	9
559	1361	Magda Lourenço	00:45:37	01:40:07	01:39:43	589	OutSystems Olímpico de Oeiras	V50	1
560	530	Pedro Simao	00:46:50	01:40:07	01:38:52	543	Ratazanas	V35	82
561	2345	Nuno Barreto	00:47:53	01:40:09	01:39:42	588		V50	92
562	2273	Vladyslav Voloshyn	00:46:38	01:40:09	01:39:02	552		Senior	115
563	1732	Paulo Marçalo	00:48:50	01:40:09	01:39:16	560		V45	109
564	1336	Luis Almeida	00:48:01	01:40:10	01:39:33	577	Vitória de JAnes	V35	83
565	1209	António Neto	00:48:30	01:40:18	01:39:02	551		V50	93
566	1290	Rodrigo Paúl	00:49:42	01:40:19	01:39:04	553		V40	97
567	2326	Duarte Rolo	00:46:35	01:40:20	01:40:09	603		V35	84
568	1025	Paulo Fernandes	00:48:36	01:40:20	01:39:04	554		V40	98
569	1451	Rui Vieira	00:49:05	01:40:21	01:39:53	594		V50	94
570	782	Tito Nascimento	00:47:55	01:40:22	01:39:55	596	Elite Runners	V40	99

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
571	2037	Pierre Gein	00:46:02	01:40:23	01:39:48	590		V55	30
572	2318	Ricardo Menino	00:48:56	01:40:27	01:39:57	598	Grupo Desportivo Santander Totta	V35	85
573	1252	José Caetano	00:47:47	01:40:28	01:39:38	583		V70	1
574	1870	Gonçalo Palminha	00:48:13	01:40:29	01:38:45	539		V45	8
575	1306	Ricardo Paquito	00:47:26	01:40:29	01:39:38	582		V35	86
576	951	José Silvestre	00:47:52	01:40:31	01:40:01	599		V55	31
577	1006	Filipe Gomes	00:46:29	01:40:32	01:39:12	558		V35	87
578	2189	Nuno Torcato	00:49:36	01:40:33	01:39:38	581	Clube Millennium bcp	V45	110
579	2155	Francisco Gião	00:47:39	01:40:34	01:39:53	595		V40	100
580	1961	Guilherme Smolentzov	00:46:28	01:40:34	01:39:32	576		Senior	116
581	973	Alex Santos	00:49:57	01:40:35	01:36:46	452		V45	111
582	25	Pedro Dias	00:47:48	01:40:37	01:39:48	592		V35	88
583	662	Ricardo Carvalho	00:50:27	01:40:38	01:38:30	530	Lisrunning	V40	101
584	2463	Luís Batista	00:50:27	01:40:38	01:38:30	529	Casa do concelho dos arcos de valdevez	V45	112
585	1866	Miguel Judas	00:47:39	01:40:39	01:40:31	611		V45	113
586	1728	Douglas Fernandes	00:48:09	01:40:39	01:38:58	548		V35	89
587	189	Daniel Rodrigues	00:44:59	01:40:40	01:39:56	597		Senior	117
588	1164	João Rosário	00:47:50	01:40:42	01:40:18	608		V45	114
589	1397	Pedro Fonseca	00:47:16	01:40:43	01:40:14	605	Sara Team	Senior	118

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
590	157	Isabel Silva	00:47:17	01:40:44	01:40:05	600		V40	7
591	216	Eduardo Costa	00:49:17	01:40:47	01:37:38	484		V45	115
592	1635	Vítor Novais	00:48:55	01:40:47	01:38:58	549		V45	116
593	465	Manuel Costa	00:46:57	01:40:49	01:40:06	602	CCDTMetroLX	V65	1
594	1222	Aidan Mckay	00:46:56	01:40:50	01:40:36	624		V60	10
595	242	António Silva	00:45:48	01:40:55	01:40:54	632	CLUBE ATLETISMO AMIGOS DE BELÉM	V50	95
596	16	Pedro Vicente	00:45:55	01:40:55	01:40:32	614		V55	32
597	783	Carlos Ferreira	00:48:19	01:40:57	01:40:31	612	Elite Runners	V45	117
598	1847	Manuel Preto	00:47:33	01:40:58	01:40:35	623		V60	11
599	1675	José Pinto	00:45:58	01:40:59	01:40:05	601	GRD. RIBEIRA LAGE	V60	12
600	398	Miguel Garcia	00:48:12	01:40:59	01:40:34	617		V45	118
601	1010	Maria Monteiro	00:48:34	01:40:59	01:40:34	620		V40	8
602	1854	Fernando Oliveira	00:48:34	01:41:00	01:40:34	621		V45	119
603	706	Billy Santos	00:48:29	01:41:01	01:40:17	607		V45	120
604	2457	Gonçalo Baroutakis	00:48:15	01:41:03	01:40:17	606		V45	121
605	801	Paulo Vieira	00:50:29	01:41:04	01:38:57	547		Senior	119
606	1216	Pedro Miranda	00:47:47	01:41:07	01:40:23	609		V45	122
607	2192	Luis Baixinho	00:47:58	01:41:11	01:40:34	622	Clube Millennium bcp	V40	102
608	1719	Carlos Oliveira	00:49:36	01:41:12	01:40:13	604		V55	33

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
609	2026	Paulo Ferreira	00:46:58	01:41:12	01:40:45	627		V50	96
610	791	Dinis Delgado	00:45:19	01:41:15	01:41:12	646		V45	123
611	84	Jorge Dinis	00:47:47	01:41:15	01:40:32	615		V55	34
612	1739	Isabel Santos	00:47:47	01:41:17	01:40:36	625	Federação da Família para a Paz Mundial e Unificação	V50	2
613	1738	Flávio Santos	00:43:32	01:41:17	01:41:16	648	Federação da Família para a Paz Mundial e Unificação	Senior	120
614	1510	Luis Chaves	00:48:14	01:41:18	01:40:58	636		V45	124
615	2267	Carlos Alberto	00:46:16	01:41:19	01:40:55	633		V50	97
616	1643	Tiago Santos	00:47:39	01:41:21	01:39:48	591		V40	103
617	1550	Nuno Reis	00:48:54	01:41:22	01:39:16	562	CCD TRANQUILIDADE	V40	104
618	2296	Joao Silva	00:49:16	01:41:24	01:39:29	573		V45	125
619	1531	Daniel Castelbranco	00:46:58	01:41:27	01:40:49	628		V35	90
620	226	Tiago Almeida	00:47:15	01:41:31	01:40:53	631		Senior	121
621	1545	Nelson Mota	00:49:12	01:41:32	01:40:51	630	CCD TRANQUILIDADE	V50	98
622	433	Hélder Pereira	00:47:53	01:41:35	01:40:25	610		V50	99
623	377	Nuno Sobral	00:49:26	01:41:36	01:41:11	645	Vara Trail Running	V45	126
624	1877	Jianxin Guo	00:49:32	01:41:36	01:39:30	574		V45	127
625	132	Ana Rodrigues	00:46:40	01:41:47	01:41:40	655		V35	7
626	538	Pedro Anágua	00:48:39	01:41:48	01:41:04	640		Senior	122
627	1467	Marco Ferreira	00:50:45	01:41:49	01:35:27	401		V40	105

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
628	1286	Antonio Cardoso	00:47:52	01:41:49	01:41:06	641		Senior	123
629	1502	Abílio Santos	00:49:03	01:41:56	01:40:34	619		Senior	124
630	235	Bernardo Fernandes	00:49:10	01:41:58	01:40:43	626		Senior	125
631	978	Luis Torres	00:49:28	01:41:58	01:40:57	635		V50	100
632	1305	André Rodrigues	00:47:26	01:42:04	01:41:13	647		V40	106
633	1858	João Cardoso	00:49:28	01:42:11	01:41:08	642		V50	101
634	2008	Nuno Cavaleiro	00:47:31	01:42:12	01:41:27	653	Os Galgos	V40	107
635	101	Ryan Bayly	00:49:11	01:42:12	01:41:08	643		V45	128
636	2241	Alexandre Rodrigues	00:49:17	01:42:14	01:41:41	656		V55	35
637	1497	Nuno Gonçalves	00:48:27	01:42:17	01:42:01	673		V35	91
638	1996	Sónia Palmela	00:47:41	01:42:18	01:42:01	670		V45	9
639	683	Mario Santos	00:50:01	01:42:18	01:41:21	651		V50	102
640	206	Fernando Rosete	00:47:34	01:42:19	01:41:56	668		V50	103
641	399	Luís Carvalho	00:50:27	01:42:20	01:40:33	616		Senior	126
642	1537	David Faustino	00:47:41	01:42:20	01:41:41	657	SS CGD	V55	36
643	1538	Isabel Moleiro	00:48:30	01:42:21	01:41:42	658	SS CGD	V55	1
644	2205	Hugo Calado	00:51:40	01:42:22	01:41:16	649		V40	108
645	554	Pedro Correia	00:51:24	01:42:22	01:42:03	675		V50	104
646	479	João Carvalho	00:46:47	01:42:23	01:42:12	690		V55	37

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
647	370	José Miranda	00:47:10	01:42:26	01:42:07	686		V60	13
648	1263	Nuno Malaquias	00:47:37	01:42:26	01:42:12	689	GDBPI	V45	129
649	850	Virgínio Pateir	00:49:28	01:42:28	01:41:55	667		V50	105
650	633	João Marques	00:46:41	01:42:28	01:42:14	692	SS CGD	V45	130
651	2300	Sergio Frade	00:48:12	01:42:29	01:41:02	638		V45	131
652	161	Paulo Moutinho	00:48:32	01:42:30	01:42:09	687		V50	106
653	1122	Sílvio Neto	00:49:15	01:42:31	01:42:04	677		V35	92
654	1691	Nuno Pires	00:46:45	01:42:32	01:41:57	669	GDC Banco de Portugal	Senior	127
655	1630	Agostinho Matos	00:47:04	01:42:32	01:42:13	691		V40	109
656	2237	Manuel Traquete	00:51:37	01:42:33	01:37:55	501	Nudists	Senior	128
657	2238	Trygg Lysne	00:51:37	01:42:33	01:37:55	502	Nudists	Senior	129
658	946	Ricardo Lourenço	00:46:23	01:42:36	01:42:29	702		V45	132
659	90	Joaquim Araújo	00:49:41	01:42:37	01:41:50	666		Senior	130
660	847	Arnaldo Rolo	00:50:35	01:42:39	01:42:16	694	Runners da Frente Ribeirinha da Póvoa de Santa Iria	V55	38
661	80	Rui Nogaró	00:47:03	01:42:39	01:42:01	671		Senior	131
662	1473	António Dias	00:52:20	01:42:39	01:37:34	481		Senior	132
663	2020	Amir Aníbal	00:47:41	01:42:40	01:41:44	659		Senior	133
664	1582	Laisa Diana	00:48:52	01:42:41	01:41:02	637	Run&Win(e)	Senior	10
665	1457	Manuel Nunes	00:48:56	01:42:41	01:42:29	704		V55	39

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
666	2041	Luis Carvalho	00:46:23	01:42:42	01:42:04	678		V55	40
667	766	Joana Tomé	00:50:06	01:42:44	01:41:17	650		Senior	11
668	1446	Antonio Godinho	00:47:00	01:42:44	01:42:25	700	Sporting Clube de Casainhos	V45	133
669	1632	José Gomes	00:51:58	01:42:46	01:40:34	618		Senior	134
670	1444	Fábio Pereira	00:45:02	01:42:47	01:42:39	713	Sporting Clube de Casainhos	Senior	135
671	1819	José Domingues	00:49:51	01:42:48	01:42:20	697		V65	2
672	1024	Sérgio Aureliano	00:48:51	01:42:49	01:42:23	698		V40	110
673	570	Gonçalo Gameiro	00:47:21	01:42:50	01:42:05	680		Senior	136
674	2360	Joel Costa	00:49:58	01:42:50	01:39:26	571		Senior	137
675	1500	Tiago Gonçalves	00:47:54	01:42:52	01:42:35	709		V40	111
676	1989	Paulo Santos	00:47:35	01:42:54	01:42:48	721		V55	41
677	2123	Tiago Pitaca	00:48:12	01:42:58	01:41:25	652		V40	112
678	1260	Nuno Conceição	00:50:13	01:42:59	01:40:50	629		V40	113
679	1278	Fernando Alves	00:49:35	01:42:59	01:41:46	663		V35	93
680	1958	Rita Antunes	00:45:04	01:42:59	01:42:53	727		V40	9
681	1981	Ana Matos	00:47:34	01:42:59	01:42:41	717		V50	3
682	360	Rui Marques	00:48:01	01:43:01	01:42:24	699		V50	107
683	1155	Bruno Carvalho	00:48:44	01:43:02	01:42:41	715		V35	94
684	764	José Martins	00:49:55	01:43:07	01:42:28	701		Senior	138

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
685	1754	António Pucariço	00:47:26	01:43:07	01:42:51	725		V60	14
686	1131	Pedro Bizarro	00:49:17	01:43:07	01:42:01	672		V45	134
687	1723	Carlos Luís	00:47:02	01:43:10	01:42:52	726		V50	108
688	515	Gonçalo Jorge	00:49:09	01:43:10	01:42:35	710		V40	114
689	2133	Lino Vaz	00:48:42	01:43:13	01:42:44	720		V45	135
690	2313	Jose Almas	00:49:06	01:43:13	01:42:18	696	Grupo Desportivo Santander Totta	V50	109
691	1480	Ricardo Silva	00:47:31	01:43:14	01:42:57	733		V40	115
692	1178	Rafael Dionísio	00:47:55	01:43:14	01:42:39	712		V40	116
693	1241	Kirsten Duvall	00:49:15	01:43:15	01:42:55	729		V55	2
694	692	Mario Seabra	00:50:37	01:43:17	01:41:45	661		V50	110
695	875	José Barradas	00:47:52	01:43:17	01:42:50	723		V40	117
696	1382	Noémia Sequeira	00:48:11	01:43:18	01:42:56	731	SS CGD	V55	3
697	1817	Tiago Ramos	00:47:26	01:43:19	01:43:14	748		V45	136
698	145	Rui Antunes	00:47:03	01:43:20	01:43:05	739		V45	137
699	2468	Miguel Pinto	00:50:55	01:43:20	01:39:37	580		V35	95
700	2190	Diogo Justino	00:50:24	01:43:20	01:41:04	639	Clube Millennium bcp	V40	118
701	566	Paulo Vasconcelos	00:49:34	01:43:21	01:43:07	741		V55	42
702	2130	Vitor Jorge	00:50:43	01:43:21	01:40:32	613		Senior	139
703	569	João Teles	00:49:00	01:43:22	01:42:02	674		Senior	140

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
704	351	Paulo Guedes	00:48:11	01:43:23	01:42:42	718		V45	138
705	2320	Rita Mogo	00:48:11	01:43:25	01:43:08	743	Grupo Desportivo Santander Totta	V35	8
706	2380	Aires Pedro	00:48:52	01:43:25	01:43:06	740	Clube Ferroviário de Portugal	V65	3
707	1912	Pedro Vicente	00:49:49	01:43:25	01:41:45	660		V50	111
708	112	João Marques	00:49:52	01:43:25	01:41:46	662		V45	139
709	1176	Paulo Cerqueira	00:49:48	01:43:27	01:42:04	676		V45	140
710	682	Carlos Folgado	00:46:42	01:43:34	01:43:15	749		V60	15
711	254	Mariana Faria	00:50:04	01:43:35	01:42:31	705		Senior	12
712	924	Fernando Ngola	00:49:25	01:43:35	01:41:47	664	Ghetto Running	Senior	141
713	925	Ivan Ferreira	00:49:25	01:43:35	01:41:47	665	Ghetto Running	V40	119
714	709	Rui Teixeira	00:50:36	01:43:36	01:42:05	682		V45	141
715	745	João Gregório	00:50:37	01:43:36	01:42:05	684		V45	142
716	696	Nelson Rafael	00:50:36	01:43:36	01:42:06	685	CA VALE FIGUEIRA	V40	120
717	758	Filipe Oliveira	00:50:36	01:43:36	01:42:05	683		V45	143
718	737	Paulo Lourenço	00:50:36	01:43:37	01:42:05	681		V40	121
719	411	Pedro Caeiro	00:50:32	01:43:37	01:40:57	634	LB SQUAD	Senior	142
720	2335	Luis Quaresma	00:49:18	01:43:37	01:42:15	693		V50	112
721	323	João Rodrigues	00:47:01	01:43:38	01:43:28	761		V50	113
722	125	Pedro Fernandes	00:48:58	01:43:39	01:43:23	757		V45	144

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
723	58	Pedro Caramba	00:50:28	01:43:42	01:43:10	745		V45	145
724	229	Bruno Pinto	00:48:08	01:43:43	01:41:37	654		V35	96
725	143	Gonçalo Ferreira	00:49:09	01:43:43	01:43:00	735		V45	146
726	702	Bruno Andrade	00:50:25	01:43:44	01:43:08	742		V35	97
727	2111	Luis Lopes	00:48:47	01:43:45	01:43:38	767		V45	147
728	200	Gilberto Paulino	00:47:38	01:43:47	01:42:49	722		V55	43
729	404	Diogo Lopes	00:49:47	01:43:48	01:43:02	738		Senior	143
730	151	Sandro Cardoso	00:48:59	01:43:48	01:42:40	714		V35	98
731	852	António Camacho	00:49:19	01:43:50	01:43:14	746		V65	4
732	2023	Sergio Pereira	00:50:12	01:43:51	01:43:19	754		V45	148
733	1106	André Silva	00:49:47	01:43:54	01:43:14	747		V35	99
734	716	Pedro Rocha	00:49:34	01:43:55	01:43:26	760		V45	149
735	2297	Luís Nunes	00:49:07	01:43:55	01:42:33	708		V45	150
736	1248	João Afonso	00:50:12	01:43:56	01:43:23	756		V45	151
737	1342	José Almeida	00:48:14	01:43:56	01:43:35	763		V50	114
738	1389	Ricardo Fernandes	00:49:42	01:43:58	01:42:59	734	Nicolau & Rosa, Lda	V45	152
739	27	José Belo	00:49:11	01:44:00	01:43:01	736		V35	100
740	1172	Candido Poças	00:48:44	01:44:03	01:43:42	770		V50	115
741	1489	Tiago Pereira	00:49:48	01:44:03	01:43:25	758		V50	116

MONTEPIO MEIA MARATONA CASCAIS



CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
742	2250	Daniel Martins	00:49:19	01:44:05	01:43:17	751		Senior	144
743	2097	Flamino Santos	00:47:27	01:44:06	01:42:33	707	Federação da Família para a Paz Mundial e Unificação	V60	16
744	1277	João Monteiro	00:50:52	01:44:06	01:42:33	706		V35	101
745	1161	Brett Meyer	00:49:20	01:44:06	01:43:22	755		V35	102
746	1859	Nuno Campos	00:48:29	01:44:07	01:44:05	784		V50	117
747	1776	Rui Vieira	00:49:23	01:44:11	01:43:16	750		V55	44
748	2138	Gentil Pereira	00:51:09	01:44:12	01:42:10	688		V45	153
749	334	Vilma Flores	00:50:54	01:44:14	01:42:57	732		V50	4
750	148	Vitor Luís	00:49:03	01:44:14	01:43:37	764		V35	103
751	1782	Hugo Gomes	00:53:10	01:44:14	01:42:29	703		Senior	145
752	1878	Pedro Trabucho	00:49:43	01:44:16	01:43:58	779		V55	45
753	1621	Pedro Nunes	00:49:35	01:44:17	01:44:04	783		V45	154
754	1845	Ricardo Freitas	00:46:56	01:44:20	01:44:08	790		V55	46
755	454	Fernando Coito	00:49:36	01:44:20	01:44:05	785		V40	122
756	1576	Ricardo Piteira	00:49:30	01:44:20	01:43:39	768		Senior	146
757	100	André Cabral	00:45:46	01:44:20	01:44:16	794		V45	155
758	2390	João Alves	00:48:08	01:44:21	01:43:18	753		V55	47
759	1385	Tiago Teles	00:48:14	01:44:22	01:43:31	762	SS CGD	V35	104
760	2274	Laurence Vinet	00:49:20	01:44:23	01:43:18	752		Senior	13

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
761	2314	Jose Pereira	00:49:23	01:44:23	01:43:48	772	Grupo Desportivo Santander Totta	V50	118
762	2310	Celio Anastacio	00:49:28	01:44:26	01:44:25	804	Grupo Desportivo Santander Totta	V40	123
763	680	Joao Russo	00:50:46	01:44:26	01:43:45	771		V55	48
764	222	Carlos Lopes	00:49:55	01:44:30	01:44:14	793	Amigos da Corrida	V55	49
765	1687	Filipe Morais	00:49:37	01:44:35	01:44:05	786	GDC Banco de Portugal	V40	124
766	358	Tiago Henriques	00:49:00	01:44:35	01:42:55	730		Senior	147
767	1275	Hugo Matias	00:49:00	01:44:35	01:42:55	728		Senior	148
768	1288	Kevin Hastings	00:50:27	01:44:36	01:44:07	788		V55	50
769	701	Jose Luis	00:48:03	01:44:36	01:43:38	766	Clube Desportivo de Mafra	V50	119
770	179	Diogo Santo	00:49:47	01:44:39	01:43:40	769		Senior	149
771	2005	Aldina Marques	00:48:56	01:44:40	01:43:53	775	Os Galgos	V50	5
772	1843	Rodrigo Nunes	00:49:14	01:44:41	01:42:50	724		Junior	3
773	1955	Jose Maio	00:49:47	01:44:42	01:44:24	803		V60	17
774	612	Arnaldo Junior	00:50:17	01:44:43	01:43:54	776		V35	105
775	573	Afonso Carvalho	00:50:38	01:44:44	01:44:00	781		Senior	150
776	1002	Carlos Marques	00:49:39	01:44:44	01:44:31	810		V50	120
777	232	Carlos Serra	00:50:28	01:44:45	01:43:26	759		Senior	151
778	2225	Ismael Maiato	00:48:46	01:44:46	01:44:21	802		V50	121
779	267	Ilídia José	00:48:56	01:44:48	01:44:03	782	AFDD Montijo	V35	9

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
780	1158	Nelongo Nempambala	00:50:09	01:44:48	01:44:17	796		V45	156
781	736	Sílvio Romão	00:52:15	01:44:50	01:42:44	719		V40	125
782	1163	António Ferreira	00:48:46	01:44:50	01:44:17	797		V55	51
783	1617	Francisco Furão	00:47:25	01:44:51	01:44:16	795		V40	126
784	177	Bruno Almeida	00:49:47	01:44:52	01:44:19	800		Senior	152
785	2061	Tiago Chiquito	00:46:55	01:44:54	01:44:31	811	Os Galgos	V35	106
786	855	Rui Mónica	00:48:55	01:44:55	01:44:35	816		V45	157
787	762	Paulo Barry	00:50:13	01:44:55	01:43:01	737		V50	122
788	891	Pedro Torres	00:51:02	01:44:55	01:42:38	711		V40	127
789	430	Pedro Carvalho	00:49:31	01:45:01	01:44:11	791		V45	158
790	909	Lucas Sanabio	00:48:58	01:45:01	01:44:55	832		V40	128
791	296	Nuno Pinto	00:48:53	01:45:02	01:44:30	808		V45	159
792	810	Olena Zhushman	00:50:50	01:45:02	01:42:17	695		V35	10
793	304	Miguel Saraiva	00:52:15	01:45:02	01:44:32	813	Team El Comandante	V45	160
794	916	Antonio Martinho	00:49:13	01:45:04	01:44:46	823		V55	52
795	1507	José Bárbara	00:48:12	01:45:05	01:44:48	825		V55	53
796	1959	Rui Alves	00:50:48	01:45:06	01:43:56	778		V45	161
797	1310	Jorge Azevedo	00:49:58	01:45:07	01:44:07	789		V50	123
798	440	João Veiga	00:50:28	01:45:10	01:44:38	819		V35	107

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
799	153	Gonçalo Lopes	00:50:17	01:45:10	01:44:31	809		V45	162
800	1074	Gonçalo Batista	00:50:00	01:45:10	01:44:38	820		Senior	153
801	340	António Soares	00:49:25	01:45:14	01:44:17	799		V50	124
802	996	Bernardo Santos	00:49:48	01:45:15	01:44:17	798		Senior	154
803	1524	André Salazar	00:50:24	01:45:15	01:43:50	774		Senior	155
804	858	Tony O'malley	00:48:28	01:45:16	01:45:11	847		V50	125
805	623	Lara Rodrigues	00:48:58	01:45:16	01:44:34	815		V35	11
806	1486	Vera Ferreira	00:48:42	01:45:18	01:44:54	831	UDR Zona Alta	V45	10
807	447	Carlos Domingos	00:48:59	01:45:19	01:44:52	830		V45	163
808	1193	Bruno Amann	00:49:45	01:45:20	01:44:56	833		V40	129
809	800	Francisco Garnel	00:47:43	01:45:25	01:45:03	843	Estoril Praia Triatlo	V35	108
810	2243	Eva Silva	00:49:34	01:45:27	01:45:11	848		V40	10
811	1430	Daniela Langaro	00:49:11	01:45:27	01:45:12	850		V50	6
812	878	Bruno Santos	00:49:41	01:45:28	01:43:09	744		V35	109
813	167	Claudio Rebelo	00:47:53	01:45:32	01:44:59	837		V40	130
814	273	Filipe Oliveira	00:51:01	01:45:33	01:44:28	807		V45	164
815	2221	Rui Narciso	00:49:19	01:45:33	01:44:42	821		V45	165
816	1374	Cristina Gabriel	00:50:26	01:45:35	01:44:49	827	SS CGD	V40	11
817	193	David Salvador	00:51:38	01:45:35	01:44:11	792		Senior	156

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
818	988	António Marques	00:50:46	01:45:37	01:44:57	835		V60	18
819	2067	5 Min/Km	00:49:47	01:45:37	01:45:12	849		V35	110
820	1130	Luis Almeida	00:52:15	01:45:38	01:43:50	773		V45	166
821	2409	Joaquim Sande	00:49:16	01:45:38	01:45:30	862	A.M.Atibá	V60	19
822	2408	Clara Augusto	00:49:16	01:45:39	01:45:31	864	A.M.Atibá	V55	4
823	353	Carlos Teixeira	00:53:02	01:45:41	01:39:50	593		V50	126
824	944	Celio Salgado	00:50:31	01:45:45	01:44:58	836		V45	167
825	506	Bruno Dias	00:49:50	01:45:48	01:44:07	787		V40	131
826	723	Sérgio Valente	00:48:49	01:45:50	01:44:47	824		V45	168
827	1301	João Sousa	00:52:25	01:45:54	01:44:57	834		Senior	157
828	1856	Tiago Gaspar	00:49:30	01:45:54	01:45:44	872		V40	132
829	1194	Miguel Coelho	00:49:15	01:45:56	01:44:50	828		Senior	158
830	1307	Miguel Guerra	00:49:15	01:45:57	01:44:51	829		V45	169
831	2049	Fernando Moço	00:48:06	01:45:57	01:45:23	860		V40	133
832	453	Joaquim Carreira	00:50:20	01:45:57	01:45:07	846		V60	20
833	945	Rogério Meleiro	00:49:47	01:45:57	01:45:36	866		V55	54
834	1015	Joel Ferreira	00:50:26	01:45:58	01:45:17	853		V40	134
835	2459	Vitor Cunha	00:49:49	01:46:00	01:45:02	842		V55	55
836	42	Maria Palma	00:51:17	01:46:00	01:45:28	861	Associação Desportiva de Palmeiros Sintra	V40	12

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
837	95	Tomás Caldeira	00:51:03	01:46:02	01:43:59	780		Senior	159
838	616	Diogo Morgado	00:50:31	01:46:05	01:45:17	854		V40	135
839	2260	Pedro Rodrigues	00:51:38	01:46:08	01:45:31	865		V45	170
840	873	Fábio Alexandre	00:50:22	01:46:09	01:45:37	868	Associação Desportiva de Palmeiros Sintra	Senior	160
841	885	Carla Ferreira	00:50:47	01:46:11	01:46:04	889		V45	11
842	1907	Ricardo Pinto	00:52:20	01:46:12	01:45:14	851		V40	136
843	941	Frank Legrand	00:50:31	01:46:15	01:45:36	867		V50	127
844	2207	Jose Anastacio	00:51:30	01:46:16	01:44:35	817		V65	5
845	52	Cristiano Rosário	00:51:28	01:46:16	01:43:56	777		Senior	161
846	1680	José Monteiro	00:51:34	01:46:17	01:43:37	765	GDC Banco de Portugal	V65	6
847	1153	André Canelas	00:53:20	01:46:18	01:42:05	679		Senior	162
848	1628	Ana Mata	00:50:38	01:46:20	01:45:00	841		V50	7
849	770	Ines Duarte	00:50:09	01:46:20	01:45:00	840		V40	13
850	1095	Ricardo Resende	00:51:36	01:46:22	01:42:41	716		V45	171
851	1984	Pedro Nunes	00:50:43	01:46:25	01:45:22	858		V45	172
852	1730	Miguel Cardoso	00:48:45	01:46:29	01:44:27	806		Senior	163
853	1731	Ricardo Raimundo	00:50:09	01:46:29	01:44:26	805		V40	137
854	966	Manuel Costa	00:47:31	01:46:33	01:45:50	877		V55	56
855	1678	José Ramos	00:50:22	01:46:33	01:45:57	881	Explicolândia Runners	V45	173

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
856	724	Isabel Moura	00:50:46	01:46:35	01:45:30	863		V40	14
857	1596	João Ramos	00:50:23	01:46:37	01:44:36	818	Clube Novo Banco	V50	128
858	1378	Luis Gomes	00:49:51	01:46:39	01:46:09	892	SS CGD	V40	138
859	279	João Nunes	00:50:41	01:46:39	01:45:20	857		V50	129
860	2211	Pedro Costa	00:50:58	01:46:39	01:44:31	812		V40	139
861	669	Luís Sardinha	00:51:11	01:46:40	01:45:51	879	Nesha Hop & Run Team	Senior	164
862	1649	Patrícia Matos	00:51:04	01:46:40	01:46:09	891	Deloitte Running Club	V45	12
863	1650	Pedro Vitorino	00:51:06	01:46:41	01:46:08	890	Deloitte Running Club	V45	174
864	1092	Sérgio Amado	00:50:37	01:46:43	01:46:02	885		Senior	165
865	976	Sebastiao Lorena	00:52:38	01:46:44	01:45:39	869		V35	111
866	833	Ricardo Filipe	00:52:43	01:46:45	01:45:00	838		V40	140
867	707	Tânia Cabrito	00:52:43	01:46:45	01:45:00	839		V40	15
868	1070	Elder Vaz	00:49:29	01:46:48	01:44:49	826		V40	141
869	2455	Vitor Pinto	00:48:58	01:46:48	01:44:45	822		V50	130
870	1924	José Figueiredo	00:52:20	01:46:49	01:45:50	878	Associação Corrida Noturna Parque das Nações	V45	175
871	457	António Pereira	00:50:35	01:46:49	01:46:23	901	CCDTMetroLX	V55	57
872	1258	Madalena Andrade	00:49:56	01:46:51	01:46:37	909		V45	13
873	637	Tiago Rodrigues	00:49:51	01:46:51	01:46:16	896	Fidelidade GDC	V45	176
874	1670	Bruno Lemos	00:50:36	01:46:52	01:46:15	895		V35	112

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
875	1128	Ludy Dias	00:49:26	01:46:53	01:45:05	845		Senior	166
876	2413	Alexandre Costa	00:46:23	01:46:53	01:46:42	916	A.M.Atibá	Senior	167
877	1833	Jorge Aguardenteiro	00:50:05	01:46:55	01:46:26	903	GFD Running	V50	131
878	164	Henrique Oliveira	00:49:49	01:46:56	01:45:39	870		V55	58
879	727	Tomás Costa	00:52:32	01:47:00	01:46:04	888		Senior	168
880	774	Manuel Sardinha	00:52:32	01:47:00	01:46:04	887		Senior	169
881	964	Sandra Monteiro	00:49:35	01:47:01	01:46:28	905		V45	14
882	1755	Bruno Santos	00:51:05	01:47:03	01:45:49	875		V40	142
883	2451	Henrique Barros	00:53:15	01:47:05	01:44:20	801		Senior	170
884	2058	Filipe Boléo	00:53:34	01:47:06	01:46:17	899	CLUBE ANACOM	V50	132
885	1356	Hugo Pinto	00:50:35	01:47:06	01:46:43	917	CCDTMetroLX	V45	177
886	2015	Paulo Fernandes	00:51:44	01:47:07	01:45:03	844		V50	133
887	854	Cristina Henriques	00:51:14	01:47:09	01:44:32	814		V50	8
888	968	Paulo Branco	00:50:40	01:47:17	01:46:37	910		V55	59
889	258	Miguel Fernandes	00:52:00	01:47:19	01:46:02	884		V40	143
890	2357	Paulo Calisto	00:50:51	01:47:22	01:46:02	886		V45	178
891	1400	Gonçalo Aguiar	00:48:33	01:47:26	01:46:51	924		V40	144
892	571	Pedro Luis	00:49:18	01:47:29	01:47:01	928		V50	134
893	2325	João Casanova	00:49:13	01:47:30	01:46:48	921		Senior	171

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
894	233	Juliana Moraes	00:50:09	01:47:31	01:47:00	927		V45	15
895	1971	Emanuel Pais	00:50:50	01:47:32	01:46:45	919		V35	113
896	2182	Ricardo Mendes	00:50:11	01:47:35	01:46:27	904	Clube Millennium bcp	V50	135
897	1559	Nuno Beijoca	00:49:52	01:47:38	01:47:23	947	CCD TRANQUILIDADE	V45	179
898	306	Célia Silva	00:49:50	01:47:39	01:47:06	933		V45	16
899	175	Luís Melro	00:49:54	01:47:43	01:46:14	893	LB SQUAD	V40	145
900	1411	Luis Andrade	00:50:45	01:47:44	01:46:20	900	CDCR DOS CTT	V50	136
901	2117	Carlos Ramos	00:53:51	01:47:45	01:45:22	859		V50	137
902	40	Fabio Almeida	00:50:57	01:47:46	01:45:57	882		V35	114
903	609	Miguel Quintela	00:50:39	01:47:47	01:46:25	902		Senior	172
904	1658	Gil Monteiro	00:54:56	01:47:47	01:41:10	644	Deloitte Running Club	V45	180
905	952	Carlos Custódio	00:52:29	01:47:49	01:46:42	915		V35	115
906	2199	António Procópio	00:50:29	01:47:50	01:47:39	957		V50	138
907	2053	Luis Correia	00:49:46	01:47:51	01:46:17	898		V40	146
908	2134	Nelson Risso	00:50:58	01:47:51	01:46:17	897		V45	181
909	220	Paulo Pires	00:48:14	01:47:52	01:47:23	946	Amigos da Corrida	V55	60
910	2036	Carolina Pecegueiro	00:51:28	01:47:52	01:47:06	934		V40	16
911	1084	João Amaral	00:50:04	01:47:52	01:46:15	894		Senior	173
912	902	Luís Brito	00:52:08	01:47:54	01:46:58	926		Senior	174

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
913	901	Ricardo Martins	00:52:07	01:47:54	01:46:58	925		Senior	175
914	512	Zélia Rodrigues	00:52:30	01:47:54	01:46:00	883		V50	9
915	1200	Sofia Bastos	00:50:54	01:47:57	01:47:12	936		V40	17
916	2071	Hélio Garcia	00:50:29	01:47:58	01:47:46	965		V45	182
917	1695	Humberto Castanheira	00:50:44	01:47:58	01:47:06	932		V55	61
918	1303	Gonçalo Rosa	00:50:44	01:48:00	01:47:47	966		V35	116
919	2161	Francisco Fonte	00:54:00	01:48:00	01:45:55	880		V35	117
920	1948	Miguel Poeira	00:53:11	01:48:01	01:47:15	939	Insane Évora Team	Senior	176
921	1879	Marina Sanchez	00:52:23	01:48:01	01:46:40	913		Senior	14
922	2173	Ana Marques	00:50:51	01:48:03	01:47:01	930	Clube Millennium bcp	V60	1
923	1697	Marco Loureiro	00:53:21	01:48:04	01:46:47	920		V40	147
924	2277	Sérgio Rodrigues	00:49:49	01:48:05	01:47:31	952		V40	148
925	1701	João Barreto	00:53:21	01:48:05	01:46:49	922		V60	21
926	1902	João Meneses	00:49:26	01:48:06	01:47:44	962		V45	183
927	387	Gilson Silva	00:49:47	01:48:08	01:47:34	954		V40	149
928	2385	Carla Pereira	00:49:40	01:48:08	01:47:27	949		V35	12
929	1160	Floyd Widener	00:51:30	01:48:09	01:46:29	907		V55	62
930	1873	Nino Raleiras	00:49:34	01:48:11	01:48:05	978		V50	139
931	2194	Fernando Rodrigues	00:50:40	01:48:13	01:47:24	948	Clube Millennium bcp	V55	63

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
932	993	Paulo Santos	00:52:27	01:48:13	01:46:41	914		V55	64
933	725	Filipa Água	00:49:46	01:48:17	01:47:13	937		V45	17
934	1685	Rúben Fonseca	00:48:53	01:48:17	01:48:14	985	GDC Banco de Portugal	V40	150
935	2019	Hugo Figueiredo	00:51:22	01:48:26	01:47:49	967		V35	118
936	414	Pedro Martins	00:48:29	01:48:26	01:47:54	970		V35	119
937	2410	Adília Rosa	00:49:39	01:48:27	01:48:19	991	A.M.Atibá	V45	18
938	1298	José Ramón	00:50:33	01:48:28	01:46:34	908		Senior	177
939	432	David Pinheiro	00:48:40	01:48:29	01:47:39	956		Senior	178
940	861	Miguel Vasconcelos	00:48:50	01:48:29	01:47:55	972		V50	140
941	341	Nuno Figueiredo	00:51:16	01:48:31	01:47:13	938		V45	184
942	34	Luis Leitão	00:48:47	01:48:32	01:48:06	980		V45	185
943	652	Ricardo Costa	00:52:11	01:48:35	01:47:31	951		V40	151
944	416	Guy Charlton	00:52:35	01:48:37	01:47:58	974		Senior	179
945	1003	António Pereira	00:50:21	01:48:38	01:48:06	979		V60	22
946	980	Ferreira Duarte	00:51:16	01:48:38	01:48:06	981	Associação Desportiva de Palmeiros Sintra	V60	23
947	1381	Miguel Dias	00:48:49	01:48:38	01:48:18	988	SS CGD	V45	186
948	959	Rodrigo Magalhães	00:52:36	01:48:39	01:47:08	935	LB SQUAD	V35	120
949	1499	Jorge Barroso	00:54:55	01:48:39	01:45:17	852		V45	187
950	1807	Diogo Folião	00:47:52	01:48:40	01:48:21	992		Senior	180

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
951	1504	Peter Rix	00:54:06	01:48:40	01:47:28	950		V50	141
952	1232	Hugo Pacheco	00:53:30	01:48:40	01:46:40	912		V40	152
953	844	Marco Louro	00:49:48	01:48:40	01:47:42	959		V50	142
954	1609	Vanda Murteira	00:51:30	01:48:41	01:48:15	986	Clube Novo Banco	V45	19
955	1175	Pedro Jordão	00:52:51	01:48:42	01:47:02	931		V50	143
956	972	Raul Estrela	00:53:59	01:48:42	01:46:44	918		V45	188
957	450	Carlos Jesus	00:51:29	01:48:43	01:48:07	982		V40	153
958	329	Luis Graça	00:51:32	01:48:44	01:47:45	964		V50	144
959	1583	Sabrina Torres	00:52:53	01:48:45	01:47:52	968	Run&Win(e)	Senior	15
960	1225	Frederico Brimbela	00:53:30	01:48:48	01:46:49	923		V35	121
961	2364	Armando Cruz	00:52:24	01:48:52	01:47:01	929		V55	65
962	839	Nuno Raposo	00:53:43	01:48:54	01:45:19	855		V45	189
963	608	Vital Vilarinho	00:50:03	01:48:57	01:48:18	989		V35	122
964	1362	Rui Santos	00:50:13	01:48:58	01:48:05	977	OutSystems Olímpico de Oeiras	V40	154
965	1031	Paula Guedes	00:51:41	01:49:00	01:48:08	983	CF Os Belenenses	V50	10
966	1056	Rui Pinto	00:50:56	01:49:01	01:48:34	1004	Marvila Jovem	V45	190
967	117	Maurício Costa	00:52:06	01:49:03	01:48:33	1002		V50	145
968	75	Délio Raimundo	00:49:34	01:49:03	01:48:32	1000		V40	155
969	798	Nuno Lopes	00:51:25	01:49:04	01:48:48	1022		V45	191

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
970	776	Isabel David	00:50:21	01:49:04	01:48:22	995	7Colinasrunners	V40	18
971	2454	Filipe Teixeira	00:53:48	01:49:05	01:47:40	958	CDCR DOS CTT	Senior	181
972	2074	Paulo Moradias	00:52:33	01:49:05	01:48:12	984		V55	66
973	1198	Jeferson Chanan	00:51:17	01:49:05	01:47:20	940		V45	192
974	1814	Patrícia Costa	00:51:20	01:49:06	01:48:38	1009		V35	13
975	1567	Alexandra Ribeiro	00:51:19	01:49:07	01:48:01	975		V35	14
976	2129	Henrique Coelho	00:47:27	01:49:07	01:48:44	1015		V40	156
977	1875	Bruno Jerónimo	00:50:12	01:49:09	01:48:19	990		Senior	182
978	1315	Francisco Martinho	00:47:53	01:49:12	01:48:30	999		Senior	183
979	1745	Bruno Maia	00:50:19	01:49:13	01:48:44	1014		V40	157
980	1884	Carlos Souto	00:50:16	01:49:14	01:49:03	1030		V55	67
981	1619	Ricardo Figueiredo	00:50:47	01:49:16	01:48:36	1006		V50	146
982	210	Ana Mendes	00:49:44	01:49:16	01:48:46	1019	Academia de Desportos de Condeixa	V45	20
983	11	Hugo Moreira	00:49:06	01:49:18	01:48:35	1005		V40	158
984	1168	Guilherme Santos	00:55:36	01:49:18	01:45:44	873		V35	123
985	1855	Filipe Duarte	00:52:06	01:49:19	01:48:42	1011		V35	124
986	1021	Pedro Queiroga	00:52:03	01:49:20	01:48:59	1026		V50	147
987	2153	Jorge Correia	00:51:07	01:49:22	01:48:25	996		V50	148
988	634	Joaquim Frade	00:49:23	01:49:22	01:49:01	1027	SS CGD	V65	7

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
989	2167	Miguel Barros	00:50:39	01:49:22	01:47:33	953		V45	193
990	1294	Diogo Afonso	00:53:47	01:49:26	01:45:19	856		Senior	184
991	1835	Luis Pires	00:53:09	01:49:33	01:48:36	1008	GFD Running	V50	149
992	825	José Silva	00:53:08	01:49:37	01:48:27	998		V50	150
993	826	Cátia Reis	00:53:08	01:49:37	01:48:26	997		Senior	16
994	2323	João Godinho	00:51:07	01:49:41	01:47:45	963		Senior	185
995	1759	João Faria	00:52:25	01:49:42	01:48:46	1020		V50	151
996	605	Daniel Santos	00:53:14	01:49:45	01:49:06	1032		V45	194
997	1466	Andre Rocha	00:53:47	01:49:47	01:45:41	871		Senior	186
998	1813	Luis Silva	00:50:56	01:49:50	01:49:22	1041		V40	159
999	2461	Pedro Lopes	00:52:21	01:49:52	01:47:54	971		Senior	187
1000	1239	Bruno Caixinha	00:53:37	01:49:53	01:48:52	1023		V35	125
1001	1109	Bruno Pimenta	00:53:42	01:49:55	01:47:43	960		V35	126
1002	591	Ana Silva	00:53:38	01:49:57	01:47:44	961		V40	19
1003	97	António Paiva	00:52:15	01:49:57	01:48:43	1012		V40	160
1004	1325	Joaquim Santos	00:51:53	01:49:57	01:49:03	1029	Linda-a-Pastora Sporting Clube	V55	68
1005	969	Liliana Baltazar	00:53:51	01:49:58	01:47:36	955		V35	15
1006	1785	António Franco	00:52:09	01:49:59	01:49:55	1065		V55	69
1007	585	Miguel Teixeira	00:53:29	01:50:00	01:49:13	1036		V40	161

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1008	2082	Olav Gunnes	00:51:59	01:50:01	01:49:24	1044		V55	70
1009	614	Paulo Almeida	00:53:46	01:50:02	01:47:52	969		V45	195
1010	322	Laura Ozzello	00:51:35	01:50:03	01:49:08	1035	NUCLEO DE ATLETISMO OS PAPAGAIOS E CASCAIS	V50	11
1011	1591	Carlos Nabiça	00:51:47	01:50:03	01:49:36	1052	Clube Novo Banco	V60	24
1012	321	Diego Garcia	00:51:35	01:50:03	01:49:07	1034	NUCLEO DE ATLETISMO OS PAPAGAIOS E CASCAIS	V50	152
1013	1190	Joel Fernandes	00:54:08	01:50:03	01:45:49	876		V35	127
1014	318	João Vintém	00:53:33	01:50:08	01:48:43	1013		V50	153
1015	718	Pedro Barata	00:48:26	01:50:08	01:49:26	1046		Senior	188
1016	1683	Joaquim Ferrão	00:51:08	01:50:08	01:49:01	1028	GDC Banco de Portugal	V60	25
1017	300	Alexandre Dâmaso	00:51:30	01:50:10	01:49:41	1054		V50	154
1018	1779	Ricardo Matos	00:50:55	01:50:10	01:48:36	1007		V45	196
1019	793	Sérgio Dias	00:52:09	01:50:11	01:49:05	1031		V45	197
1020	1196	Sergio Bastos	00:53:35	01:50:13	01:47:23	944		V45	198
1021	1234	José Soares	00:53:34	01:50:14	01:47:22	943		V45	199
1022	237	Pedro Coutinho	00:53:45	01:50:14	01:47:23	945		V40	162
1023	1914	Stewart Hill	00:53:04	01:50:14	01:48:15	987		V40	163
1024	1107	Nelson Nabais	00:51:09	01:50:15	01:49:33	1048		V35	128
1025	1346	Miguel Costa	00:52:03	01:50:18	01:49:14	1037		V35	129
1026	1166	Paulo Figueira	00:54:13	01:50:19	01:48:21	994		V55	71

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1027	2088	José Gaspar	00:52:49	01:50:22	01:48:02	976		V50	155
1028	26	João Campos	00:51:13	01:50:27	01:49:41	1055		V50	156
1029	1123	João Pereira	00:51:24	01:50:33	01:49:15	1039		V50	157
1030	1302	Luís Mendes	00:52:29	01:50:39	01:49:31	1047		V40	164
1031	1885	Nuno Marques	00:52:24	01:50:42	01:50:01	1069	RunLovers	V55	72
1032	677	Hugo Carvalho	00:51:03	01:50:44	01:49:54	1063		V45	200
1033	631	Ana Gonçalves	00:53:25	01:50:46	01:49:50	1062	SS CGD	V45	21
1034	2060	Miguel Figueiredo	00:53:34	01:50:50	01:50:02	1070	CLUBE ANACOM	V45	201
1035	1424	Rita Brásio	00:54:34	01:50:51	01:46:38	911		V35	16
1036	720	Paulo Campos	00:49:18	01:50:52	01:50:00	1067		V50	158
1037	838	Licínio Carvalho	00:53:39	01:50:52	01:48:56	1025		V45	202
1038	558	Tiago Fernandes	00:51:18	01:50:54	01:49:49	1060		V40	165
1039	805	Lukasz Pajak	00:52:14	01:50:56	01:49:22	1043	Spajderzy	V40	166
1040	2144	Yury Bobrovskiy	00:54:20	01:50:58	01:48:53	1024		V50	159
1041	1162	Carlos Peso	00:52:38	01:50:59	01:49:54	1064		V50	160
1042	2051	Mário Real	00:54:39	01:51:00	01:48:44	1016		Senior	189
1043	1046	Tiago Correia	00:51:18	01:51:02	01:49:44	1057		V35	130
1044	2196	Henrique Dias	00:51:26	01:51:07	01:50:27	1081		V65	8
1045	96	Nuno Maltez	00:52:04	01:51:10	01:49:22	1042		V50	161

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1046	2299	Carmel Kelly	00:51:57	01:51:11	01:50:22	1079		Senior	17
1047	405	Celia Santos	00:49:43	01:51:11	01:50:45	1091		V40	20
1048	1965	Charles Cenci	00:52:00	01:51:13	01:49:57	1066		Senior	190
1049	1127	Hugo Brito	00:53:48	01:51:13	01:49:45	1058		Senior	191
1050	1187	Teresa Sepúlveda	00:53:37	01:51:14	01:50:34	1085		V40	21
1051	403	Felipe Martinez	00:52:43	01:51:14	01:50:22	1078		V40	167
1052	1505	Penny Futter	00:54:36	01:51:14	01:50:01	1068		V40	22
1053	313	João Fragoso	00:50:51	01:51:15	01:50:43	1089		V45	203
1054	2150	Sandro Gonçalves	00:54:56	01:51:16	01:48:39	1010		V45	204
1055	1244	Albano Silva	00:50:59	01:51:18	01:50:54	1094		V55	73
1056	2188	Carlos Justo	00:53:21	01:51:19	01:49:25	1045	Clube Millennium bcp	V45	205
1057	963	Ana Abrunhosa	00:50:50	01:51:19	01:50:46	1092		V50	12
1058	127	José Monteiro	00:49:49	01:51:20	01:50:14	1076		V55	74
1059	1105	Daniel Gois	00:52:22	01:51:22	01:49:17	1040		V35	131
1060	1821	Vasco D"orey	00:53:51	01:51:24	01:47:55	973		V35	132
1061	1999	Guilherme Gonçalves	00:52:05	01:51:25	01:50:58	1095	Os Galgos	V60	26
1062	1129	Nuno Vieira	00:53:10	01:51:26	01:49:43	1056		V50	162
1063	419	Marco Miguel	00:53:17	01:51:27	01:49:39	1053		Senior	192
1064	2226	Carlos Rodrigues	00:50:32	01:51:30	01:51:08	1100	Amigos do Atletismo de Mafra	V65	9

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1065	935	Goncalo Seabra	00:53:19	01:51:33	01:50:15	1077		V50	163
1066	987	Francisco Grácio	00:54:29	01:51:43	01:49:36	1051	GdrcUnidos	Senior	193
1067	110	Fernando Marques	00:51:59	01:51:43	01:49:49	1061		Senior	194
1068	2440	João Batalha	00:50:42	01:51:50	01:50:48	1093		V45	206
1069	1707	Antonio Sequeira	00:49:41	01:51:52	01:50:40	1086		V35	133
1070	316	Nuno Santos	00:53:46	01:51:55	01:50:45	1090		V45	207
1071	786	José Lopes	00:53:56	01:51:56	01:51:21	1108		V55	75
1072	2048	Manuel Pires	00:56:42	01:51:56	01:47:21	941		V65	10
1073	802	Tiago Vinhas	00:50:32	01:51:57	01:50:41	1088		Senior	195
1074	2064	Fernando Francisco	00:56:48	01:51:57	01:47:21	942		V35	134
1075	1676	Paulo Grade	00:56:28	01:51:57	01:45:47	874		V35	135
1076	2462	Inês Peixoto	00:52:22	01:51:58	01:49:47	1059		V40	23
1077	307	Márcia Vilarinho	00:53:34	01:51:59	01:50:10	1075		V45	22
1078	560	Augusto Fernandes	00:53:34	01:51:59	01:50:09	1074		V65	11
1079	68	Carlos Gonçalves	00:53:44	01:51:59	01:50:04	1072		V75	1
1080	123	Fernando Marcos	00:51:19	01:52:04	01:51:23	1109		V55	76
1081	790	Nuno Duarte	00:54:54	01:52:05	01:48:46	1021		V45	208
1082	2361	Sérgio Serra	00:52:04	01:52:10	01:50:27	1082		V40	168
1083	15	Joao Silva	00:52:45	01:52:10	01:49:07	1033		V35	136

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1084	1830	Fernando Lopes	00:53:16	01:52:15	01:51:18	1105	GFD Running	V50	164
1085	1668	Pedro Cruz	00:55:55	01:52:16	01:49:35	1050		V45	209
1086	366	Rita Lopes	00:53:43	01:52:17	01:50:32	1084		V45	23
1087	1865	Pedro Ramos	00:53:43	01:52:22	01:51:38	1114		V45	210
1088	108	Harun Rashid	00:50:49	01:52:24	01:52:03	1127		V35	137
1089	2308	João Ribeiro	00:55:17	01:52:25	01:51:05	1099	GMCJamor	V45	211
1090	1283	José Alves	00:52:29	01:52:25	01:50:40	1087	Clube EDP - Lisboa	V60	27
1091	1089	Vasco Girbal	00:57:24	01:52:26	01:50:02	1071		Senior	196
1092	2249	Georgii Turusov	00:53:43	01:52:28	01:50:22	1080		V40	169
1093	2087	Nuno Filipe	00:54:07	01:52:29	01:50:32	1083		V40	170
1094	928	Rui Henriques	00:50:28	01:52:31	01:52:12	1136		V50	165
1095	1268	Jorge Neto	00:50:29	01:52:33	01:52:03	1129		V55	77
1096	2168	Juliana Lima	00:56:03	01:52:33	01:48:21	993		V40	24
1097	223	João Gama	00:50:03	01:52:34	01:52:06	1131	Amigos da Corrida	V45	212
1098	1417	José Carlos	00:52:06	01:52:36	01:51:20	1107	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS	V60	28
1099	1266	António Lopes	00:50:19	01:52:38	01:51:39	1115		V55	78
1100	886	Manuel Azevedo	00:52:53	01:52:40	01:51:09	1101		V55	79
1101	1748	Ana Brás	00:50:21	01:52:40	01:52:25	1144		V35	17
1102	464	Maria Ferreira	00:54:27	01:52:41	01:50:08	1073	CCDTMetroLX	V45	24

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1103	1770	Helder Santos	00:52:24	01:52:41	01:52:07	1133	NAZABOBODA	V40	171
1104	1674	Paulo Santos	00:54:28	01:52:42	01:51:20	1106	GRD. RIBEIRA LAGE	V55	80
1105	1947	Carolina Serrão	00:53:11	01:52:42	01:51:56	1124	Insane Évora Team	Senior	18
1106	1189	Ana Bárbara	00:54:33	01:52:47	01:48:34	1003		V35	18
1107	1508	Carlos Ferreira	00:53:49	01:52:50	01:51:36	1112		V60	29
1108	1205	Pedro Teixeira	00:53:15	01:52:53	01:52:21	1143		V50	166
1109	1221	Manuel Cruz	00:57:38	01:52:55	01:46:28	906		V55	81
1110	658	Lenia Gamito	00:53:05	01:52:58	01:52:17	1141	Louletano	V45	25
1111	2344	Mário Augusto	00:52:04	01:52:59	01:51:16	1102		V40	172
1112	1462	Alexandre Cardoso	00:53:54	01:53:00	01:51:48	1119		V35	138
1113	426	Armando Cid	00:54:44	01:53:02	01:52:03	1128		V60	30
1114	1272	Fernando Matos	00:54:34	01:53:02	01:51:48	1118		V35	139
1115	1512	Luis Santos	00:55:29	01:53:03	01:50:59	1096		V60	31
1116	1752	André Lima	00:54:12	01:53:07	01:51:53	1122		Senior	197
1117	528	Bruno Lima	00:54:13	01:53:07	01:51:52	1121	Ratazanas	V40	173
1118	931	Aleksey Pytlev	00:55:46	01:53:10	01:51:01	1097		Senior	198
1119	1121	Paulo Cruz	00:55:12	01:53:20	01:51:40	1116		V55	82
1120	2394	Fernando Arvelaiz	00:52:00	01:53:21	01:52:44	1157	CLUBE ACCENTURE	V35	140
1121	1235	Hugo Almeida	00:55:28	01:53:22	01:51:18	1104		V45	213

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1122	137	Guy Griffin	00:56:46	01:53:22	01:48:32	1001		V50	167
1123	1253	José Sousa	00:51:36	01:53:26	01:51:56	1123		V45	214
1124	1144	Francisco Teixeira	00:52:56	01:53:26	01:52:54	1164		V35	141
1125	2151	Michael Wilderer	00:53:52	01:53:26	01:51:26	1111		V45	215
1126	1420	Joaquim Ferreira	00:54:46	01:53:28	01:51:44	1117	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS	V65	12
1127	1004	Mário Coxilha	00:54:34	01:53:30	01:51:17	1103		V55	83
1128	1606	Paulo Verissimo	00:53:53	01:53:30	01:52:14	1139	Clube Novo Banco	V55	84
1129	1334	Cheila Dias	00:56:01	01:53:33	01:52:05	1130	New Pine	V35	19
1130	2056	Mário Silva	00:54:44	01:53:34	01:52:32	1149		V60	32
1131	2149	Jose Cesteiro	00:55:59	01:53:38	01:48:45	1017		V35	142
1132	557	Pedro Esteves	00:56:44	01:53:39	01:52:43	1155		V50	168
1133	2140	João Loureiro	00:55:59	01:53:40	01:48:46	1018		V40	174
1134	2014	Graziela Alves	00:52:28	01:53:43	01:52:27	1145		V35	20
1135	489	José Fidalgo	00:54:29	01:53:43	01:52:17	1140	Agualva Runners	V55	85
1136	654	Graça Roldão	00:53:50	01:53:44	01:52:46	1158	Os Tugas	V55	5
1137	829	Filipe Barbosa	00:54:03	01:53:45	01:52:59	1168		V40	175
1138	2458	Lino Martins	00:53:19	01:53:46	01:52:55	1166		V45	216
1139	158	Anabela Constante	00:55:31	01:53:49	01:52:12	1137		V45	26
1140	163	Joao Fonseca	00:55:31	01:53:50	01:52:12	1138		V45	217

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1141	603	Nuno Carvalho	00:55:30	01:53:52	01:51:59	1125		Senior	199
1142	1851	Diogo Queiroz	00:55:33	01:53:55	01:52:50	1159		V35	143
1143	2011	António Amaro	00:55:09	01:53:56	01:52:53	1163	Os Galgos	Senior	200
1144	2377	Miguel Nunes	00:55:33	01:53:56	01:52:33	1150	GDCT Unicre	V50	169
1145	1330	Manuel Pardal	00:55:07	01:53:57	01:52:09	1134	Associação de Atletismo Lebres do Sado	V70	2
1146	975	Madalena Lorena	00:55:33	01:53:58	01:52:52	1161		V35	21
1147	1661	Timóteo Ralho	00:49:51	01:54:01	01:52:44	1156	Deloitte Running Club	Senior	201
1148	324	Carlos Rangel	00:55:03	01:54:02	01:52:02	1126		V70	3
1149	2147	Pedro Samorrinha	00:53:19	01:54:06	01:53:15	1175		V35	144
1150	428	Jorge Andrade	00:54:44	01:54:06	01:53:05	1169		V60	33
1151	1652	Luis Baptista	00:52:06	01:54:07	01:53:32	1189	Deloitte Running Club	V45	218
1152	1927	Rui Lamego	00:52:53	01:54:08	01:53:47	1202	Prime Running Club	V35	145
1153	1747	Alberto Abreu	00:53:45	01:54:09	01:53:40	1197		V55	86
1154	1516	Helder Faia	00:49:42	01:54:10	01:53:57	1206		V45	219
1155	1204	Paulo Gamboa	00:53:11	01:54:13	01:53:47	1201		V50	170
1156	1657	Francisco Faria	00:51:05	01:54:14	01:52:07	1132	Deloitte Running Club	Senior	202
1157	1463	Marcos Salles	00:50:55	01:54:17	01:53:25	1179		V55	87
1158	1026	Rui Parreira	00:55:34	01:54:18	01:52:41	1153	CF Os Belenenses	V55	88
1159	1750	António Iria	00:55:02	01:54:21	01:52:19	1142	Marvila Jovem	V55	89

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1160	1405	Ricardo Ramos	00:52:15	01:54:21	01:53:37	1195	CDCR DOS CTT	V45	220
1161	1465	Carla Costa	00:49:32	01:54:21	01:53:28	1181		V35	22
1162	152	Miguel Palma	00:54:56	01:54:25	01:53:38	1196		Senior	203
1163	942	Randal Meacham	00:56:16	01:54:25	01:53:07	1171	Team El Comandante	V60	34
1164	82	Paulo Paixão	00:54:27	01:54:25	01:53:42	1198		V45	221
1165	1134	Arnaldo Salomão	00:54:06	01:54:26	01:54:25	1229		V40	176
1166	1721	Rui Santos	00:54:27	01:54:27	01:53:43	1199		V40	177
1167	2443	Luiza Freitas	00:54:48	01:54:27	01:52:53	1162		V35	23
1168	1528	Sergio Folques	00:55:04	01:54:27	01:52:34	1151		V45	222
1169	1827	Conceição Pina	00:54:47	01:54:27	01:53:31	1188	GFD Running	V55	6
1170	1825	Abel Pina	00:54:47	01:54:28	01:53:31	1187	GFD Running	V55	90
1171	1789	Paulo Pereira	00:54:26	01:54:28	01:54:24	1227		V50	171
1172	576	Nuno Araújo	00:55:08	01:54:29	01:53:07	1172		V40	178
1173	779	João Infante	00:54:49	01:54:30	01:53:35	1192		V60	35
1174	1963	Alexandre Chaves	00:54:25	01:54:32	01:52:28	1146		V40	179
1175	1850	Luís Santos	00:53:03	01:54:33	01:52:57	1167		V40	180
1176	2253	Jorge Santos	00:51:04	01:54:37	01:53:34	1190		V50	172
1177	1791	Paulo Rodrigues	00:51:59	01:54:38	01:54:31	1236		V45	223
1178	1312	Ana Sousa	00:54:47	01:54:39	01:54:15	1219		V40	25

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1179	2086	Lopo Carvalho	00:54:19	01:54:42	01:51:25	1110		V35	146
1180	225	Mauricio Oliveira	00:52:42	01:54:42	01:54:11	1216		V50	173
1181	1073	Luís Coelho	00:51:07	01:54:43	01:54:11	1215		Senior	204
1182	1159	Nuno Cameirinha	00:53:16	01:54:46	01:53:24	1178		Senior	205
1183	741	Ana Santos	00:53:20	01:54:48	01:53:26	1180		V45	27
1184	1906	Frederico Sacramento	00:54:27	01:54:49	01:54:07	1214		V55	91
1185	295	Rodrigo Pinto	00:55:36	01:54:49	01:52:30	1148		V45	224
1186	1862	João Viegas	00:54:27	01:54:50	01:54:07	1213		V55	92
1187	2373	Luís Gama	00:55:32	01:54:51	01:53:29	1184	GDCT Unicre	V50	174
1188	2370	Paulo Duarte	00:55:33	01:54:52	01:53:29	1185	GDCT Unicre	V55	93
1189	2371	Ana Madeira	00:55:33	01:54:53	01:53:29	1186	GDCT Unicre	V50	13
1190	271	Nelson Benvindo	00:51:33	01:54:56	01:53:11	1173		V45	225
1191	1482	Pedro Azevedo	00:53:40	01:55:00	01:52:52	1160		Senior	206
1192	2346	Lendl Ferreira	00:56:19	01:55:01	01:49:14	1038		V40	181
1193	2198	Sónia Miguel	00:54:08	01:55:01	01:53:20	1176		Senior	19
1194	900	João Passeiro	00:55:35	01:55:03	01:54:20	1224		V60	36
1195	119	Guilherme Abreu	00:52:07	01:55:09	01:53:29	1183		Senior	207
1196	1679	João Aleluia	00:55:11	01:55:13	01:53:23	1177	GDC Banco de Portugal	V40	182
1197	1616	Thierry Pudet	00:54:28	01:55:13	01:54:19	1222		V60	37

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1198	1140	Christopher Lam	00:56:52	01:55:14	01:52:28	1147		Senior	208
1199	961	Denise Meacham	00:56:24	01:55:15	01:53:57	1207	Team El Comandante	V50	14
1200	594	Ricardo Pita	00:54:13	01:55:18	01:54:34	1242		V40	183
1201	1352	José Amaral	00:54:20	01:55:19	01:53:52	1204		V45	226
1202	1667	José Simões	00:51:16	01:55:20	01:54:42	1244		V60	38
1203	1717	Antonio Vieira	00:53:32	01:55:24	01:54:06	1212		V70	4
1204	333	Miguel Ferreira	00:54:53	01:55:24	01:54:16	1220		V40	184
1205	1573	Ricardo Santos	00:55:44	01:55:24	01:54:25	1228		V40	185
1206	2219	Miguel Vasques	00:59:49	01:55:30	01:49:33	1049		Senior	209
1207	2292	Camila Gomes	00:53:37	01:55:30	01:54:59	1256	Team El Comandante	V40	26
1208	1581	Luís Alter	00:53:37	01:55:30	01:54:59	1255	Team El Comandante	V45	227
1209	665	Pedro Serra	00:53:34	01:55:30	01:54:59	1257	Team El Comandante	V35	147
1210	889	Joao Bolina	00:58:51	01:55:33	01:53:29	1182		V55	94
1211	1065	Edgar Anastacio	00:53:30	01:55:33	01:53:48	1203	AZA-Azambuja com Alma	V55	95
1212	840	Francisco Rodrigues	00:56:23	01:55:34	01:54:32	1239		V60	39
1213	1787	Jorge Sousa	00:54:26	01:55:36	01:55:31	1280		V45	228
1214	385	Pedro Ferreira	00:56:40	01:55:36	01:52:55	1165		V50	175
1215	1647	Antonio Guerreiro	00:53:30	01:55:38	01:54:03	1211		V55	96
1216	292	Maria Romero	00:53:15	01:55:39	01:54:28	1234		V60	2

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1217	618	Joana Carvalho	00:53:25	01:55:40	01:54:36	1243		Senior	20
1218	2136	Filipa Oliveira	00:53:41	01:55:41	01:54:31	1237		V50	15
1219	936	José Brito	00:55:19	01:55:44	01:54:21	1226	GMCJamor	V50	176
1220	937	Maria Simões	00:55:19	01:55:44	01:54:25	1231	GMCJamor	V45	28
1221	1575	Paulo Barata	00:56:35	01:55:49	01:54:21	1225		V50	177
1222	1595	João Mota	00:56:13	01:55:49	01:53:13	1174	Clube Novo Banco	V55	97
1223	777	Jorge Góis	00:53:39	01:55:51	01:55:30	1278	NEWMOVE	V50	178
1224	234	Jorge Paulo	00:54:41	01:55:52	01:54:20	1223		V60	40
1225	685	André Riscado	00:55:07	01:55:52	01:53:35	1193		V40	186
1226	2356	Joao Brito	00:55:04	01:55:53	01:54:01	1210		V40	187
1227	1479	Miguel Gaivão	00:51:39	01:55:53	01:55:28	1275		V60	41
1228	1017	José Nunes	00:53:07	01:55:55	01:55:09	1264		V55	98
1229	1909	Hudson Chamon	00:59:11	01:55:57	01:51:03	1098		V40	188
1230	1563	José Veiga	00:55:02	01:55:58	01:55:04	1262		V60	42
1231	568	Emanuel Monteiro	00:55:20	01:56:01	01:53:59	1208		V55	99
1232	2268	Joao Machado	00:55:20	01:56:05	01:54:00	1209		Senior	210
1233	617	Nuno Correia	00:54:11	01:56:06	01:55:04	1261		V45	229
1234	441	Andreia Gonçalves	00:55:08	01:56:06	01:53:46	1200		Senior	21
1235	458	Bruno Barbosa	00:51:00	01:56:06	01:55:31	1279	CCDTMetroLX	Senior	211

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1236	256	Henrique Mourisca	00:56:11	01:56:06	01:54:25	1230		V50	179
1237	2105	Valérie Santos	00:55:22	01:56:07	01:54:18	1221		V40	27
1238	521	Daniela Amaro	00:55:05	01:56:07	01:54:58	1253		Senior	22
1239	955	Ana Modesto	00:55:05	01:56:07	01:54:58	1251		Senior	23
1240	255	Duarte Caldas	00:56:11	01:56:08	01:54:28	1233		V45	230
1241	461	João Pastor	00:51:16	01:56:11	01:55:58	1296	CCDTMetroLX	V50	180
1242	188	Pedro Barroso	00:52:46	01:56:11	01:55:22	1273		V40	189
1243	744	Ricardo Pinto	00:56:12	01:56:13	01:52:10	1135		V45	231
1244	1269	Luisa Barbas	00:55:19	01:56:13	01:53:35	1194		V45	29
1245	2152	Afonso Pimenta	00:57:12	01:56:14	01:54:13	1217		Senior	212
1246	203	Alessandra Spagnol	00:55:36	01:56:16	01:55:16	1270		V45	30
1247	1409	Rui Martins	00:54:43	01:56:17	01:54:52	1248	CDCR DOS CTT	V55	100
1248	853	Joaquim Palmeiro	00:53:17	01:56:19	01:55:00	1258		V50	181
1249	721	Hugo Rebelo	00:55:56	01:56:20	01:54:50	1247		V45	232
1250	1020	Raquel Eustáquio	00:58:13	01:56:22	01:52:37	1152		Senior	24
1251	2329	Francisco Afonso	00:54:23	01:56:28	01:54:59	1254		V60	43
1252	2252	Luis Afonso	00:56:20	01:56:29	01:54:28	1232		V60	44
1253	1401	Pedro Lopes	00:56:00	01:56:29	01:55:21	1272		V35	148
1254	401	Vinicius Seixas	00:54:32	01:56:31	01:55:58	1297		V45	233

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1255	2137	João Ferreira	00:54:01	01:56:34	01:54:32	1238		V65	13
1256	1322	Andreia Maia	00:56:45	01:56:35	01:53:56	1205		Senior	25
1257	2059	Sofia Boléo	00:54:42	01:56:37	01:55:48	1290	CLUBE ANACOM	V50	16
1258	1956	Marisa Abreu	00:51:59	01:56:37	01:56:30	1317		V40	28
1259	208	Bruno Pinto	00:54:51	01:56:38	01:55:30	1277		V40	190
1260	1156	Sara Ferreira	00:53:50	01:56:39	01:54:29	1235		V40	29
1261	514	Luís Carvalho	00:54:29	01:56:42	01:56:09	1305		V40	191
1262	2251	Joao Barreira	00:56:21	01:56:43	01:54:42	1245		V35	149
1263	1048	Rui Veríssimo	01:00:55	01:56:43	01:51:37	1113		Senior	213
1264	1534	Marina Marques	00:56:17	01:56:43	01:55:12	1266		V50	17
1265	184	Sérgio Silva	00:55:07	01:56:47	01:55:01	1259		V40	192
1266	144	Maria Freitas	00:55:08	01:56:47	01:55:01	1260		V40	30
1267	653	Carlos Correia	00:54:28	01:56:48	01:55:38	1286		V55	101
1268	2450	Cleomar Aliane	00:59:11	01:56:48	01:51:52	1120		V50	182
1269	1729	Victor Riscado	00:55:24	01:56:49	01:55:37	1283		V50	183
1270	1849	Pedro Silva	00:54:26	01:56:49	01:55:33	1282		V35	150
1271	115	Guilherme Moreira	00:57:09	01:56:52	01:54:14	1218		V50	184
1272	1059	Susana Mendes	00:55:17	01:56:53	01:54:58	1252		V40	31
1273	1338	Mário Vale	00:54:46	01:56:57	01:55:04	1263	Vitória de JAnes	V60	45

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1274	663	Eduardo Marta	00:57:39	01:56:57	01:55:25	1274	Anuslovers	Senior	214
1275	2209	Diogo Leite	00:55:12	01:56:58	01:55:53	1294		V50	185
1276	2125	Pedro Loureiro	00:54:34	01:56:58	01:55:44	1288	Eat to Run	V40	193
1277	2126	Ana Rio	00:54:33	01:56:58	01:55:44	1289	Eat to Run	V40	32
1278	227	Nuno Côte-Real	00:55:59	01:57:00	01:55:59	1298		V55	102
1279	529	Pedro Lima	00:54:13	01:57:05	01:55:50	1291	Ratazanas	V35	151
1280	1309	Ricardo Rodrigues	00:55:40	01:57:05	01:55:28	1276		V50	186
1281	2449	Nuno Menezes	00:55:36	01:57:07	01:53:06	1170		V35	152
1282	1544	Elizete Duarte	00:54:49	01:57:07	01:56:18	1312	CCD TRANQUILIDADE	V50	18
1283	1540	António Sena	00:53:01	01:57:07	01:56:17	1310	CCD TRANQUILIDADE	V50	187
1284	778	Henrique Freire	00:54:33	01:57:08	01:56:04	1302	GRCD Leião	V60	46
1285	2010	Sónia Pinto	00:56:13	01:57:08	01:55:17	1271	Os Galgos	V50	19
1286	70	Angie Hickson	00:55:41	01:57:13	01:55:09	1265		V40	33
1287	198	Ricardo Emílio	00:54:33	01:57:13	01:55:15	1269		V45	234
1288	1547	Fernando Andrade	00:54:50	01:57:15	01:56:03	1301	CCD TRANQUILIDADE	V65	14
1289	407	David Inácio	00:54:47	01:57:22	01:54:34	1241		V35	153
1290	516	Emanuel Silva	00:52:25	01:57:27	01:56:17	1311		Senior	215
1291	1586	Belén Lorente	00:55:55	01:57:34	01:56:39	1319		V45	31
1292	287	Luis Santos	00:56:08	01:57:36	01:55:41	1287		V55	103

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1293	212	Rui Próspero	00:54:50	01:57:37	01:56:29	1316		V45	235
1294	490	Jana Kroeger	00:56:28	01:57:39	01:55:32	1281		V35	24
1295	714	Luís Setúbal	00:56:22	01:57:40	01:55:38	1285		V50	188
1296	1075	Gloria Garcia	00:55:10	01:57:40	01:56:56	1324		V50	20
1297	1391	António Fragoso	00:54:29	01:57:41	01:56:40	1321	Nicolau & Rosa, Lda	V45	236
1298	768	Eduardo Carpinteiro	00:55:21	01:57:42	01:56:03	1300		V55	104
1299	553	Rui Gameiro	00:57:09	01:57:42	01:56:04	1303		V45	237
1300	1273	Vitor Martins	00:57:13	01:57:43	01:55:53	1293		V45	238
1301	1443	Miguel Marques	00:54:30	01:57:45	01:56:34	1318		V40	194
1302	2164	Carlos Magalhães	00:58:11	01:57:47	01:54:33	1240		V50	189
1303	1867	Paula Romacho	00:53:44	01:57:47	01:57:04	1329		V50	21
1304	1314	Oscar Rocha	00:57:14	01:57:49	01:55:59	1299		V60	47
1305	2417	Guilherme Brito	00:50:27	01:57:50	01:57:44	1360	A.M.Atibá	Senior	216
1306	284	Andreia Fonseca	00:56:49	01:57:50	01:55:51	1292		V35	25
1307	2177	Antonio Seixas	00:56:07	01:57:51	01:56:16	1308	Clube Millennium bcp	V60	48
1308	2178	Maria Andrade	00:56:07	01:57:51	01:56:17	1309	Clube Millennium bcp	V60	3
1309	253	Paulo Freire	00:56:06	01:57:52	01:57:06	1333		V55	105
1310	2245	Nelson Valente	00:54:22	01:57:52	01:56:47	1322		V35	154
1311	1910	Paulo Justina	00:55:46	01:57:52	01:55:13	1267		V40	195

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1312	1860	Diogo Teles	00:51:27	01:57:53	01:57:25	1347		V45	239
1313	2218	Pedro Simão	00:58:55	01:57:56	01:55:15	1268		V55	106
1314	1529	Jorge Rosa	00:55:55	01:57:57	01:57:03	1328		V45	240
1315	1100	André Narciso	00:51:27	01:58:08	01:57:04	1330		Senior	217
1316	102	Luis Loureiro	00:53:56	01:58:11	01:57:12	1336		V40	196
1317	402	Filipa Urbano	00:54:54	01:58:12	01:56:59	1326		Senior	26
1318	664	Pedro Luís	00:57:40	01:58:12	01:56:40	1320	Anuslovers	Senior	218
1319	563	Pedro Caeiro	00:57:47	01:58:14	01:56:15	1307		Senior	219
1320	1700	Albertino Pacheco	00:52:20	01:58:15	01:57:14	1339	Juventude Atlético Clube	V60	49
1321	920	Paulo Pereira	00:52:22	01:58:15	01:57:46	1362	Juventude Atlético Clube	V40	197
1322	213	Maria Conchinha	00:54:55	01:58:16	01:57:34	1355		V60	4
1323	1937	João Teixeira	00:50:06	01:58:16	01:56:55	1323	Os 3 violinos	Senior	220
1324	1498	Vera Mendes	00:57:43	01:58:16	01:56:24	1314		V35	26
1325	592	Alberto Romão	00:52:07	01:58:20	01:57:17	1342		V60	50
1326	182	João Varela	00:55:22	01:58:21	01:57:21	1346		Senior	221
1327	1394	Nélson Rego	00:58:01	01:58:23	01:57:27	1349	Estoril Praia Triatlo	V45	241
1328	1994	Tânia Rodrigues	00:56:34	01:58:23	01:56:09	1306		V40	34
1329	1243	Luis Sousa	00:58:01	01:58:23	01:57:36	1356		V55	107
1330	1349	Filipe Mano	00:55:45	01:58:26	01:55:37	1284		V40	198

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1331	2271	Jurgen Meinshausen	00:54:33	01:58:26	01:57:40	1359		V60	51
1332	997	Thomas Ahlers	00:58:08	01:58:27	01:56:06	1304		V45	242
1333	622	José Xavier	00:56:39	01:58:28	01:56:56	1325		V35	155
1334	821	Andreia Pereira	00:56:56	01:58:29	01:57:10	1335	7Colinasrunners	V35	27
1335	884	Luís Jorge	00:56:53	01:58:29	01:54:44	1246		Senior	222
1336	120	Luís Nunes	00:55:32	01:58:31	01:57:44	1361		V55	108
1337	1434	Dmytro Avtionov	00:57:22	01:58:31	01:57:55	1369		Senior	223
1338	1472	Jorge Marçal	00:58:02	01:58:34	01:57:33	1354		V50	190
1339	643	Jose Oliveira	00:56:23	01:58:35	01:57:58	1371		V45	243
1340	2396	Sandro Almeida	00:57:12	01:58:36	01:55:55	1295		V45	244
1341	896	André Amaral	00:54:54	01:58:37	01:57:21	1345		V45	245
1342	2029	Ruben Maurício	00:58:01	01:58:37	01:54:55	1249		V35	156
1343	365	Rui Martins	00:54:55	01:58:39	01:57:53	1366		V40	199
1344	475	Meagan Carty	00:56:29	01:58:40	01:57:39	1357		V45	32
1345	2096	David Pires	00:59:47	01:58:49	01:53:35	1191		Senior	224
1346	17	Guia Dinis	00:55:23	01:58:53	01:58:05	1375		V35	28
1347	1452	Paulo Martins	00:53:27	01:58:56	01:58:15	1380		V55	109
1348	118	Gonçalo Rangel	00:54:51	01:58:58	01:57:31	1352		V35	157
1349	1297	Ruben Almeida	00:53:32	01:58:59	01:57:06	1332		Senior	225

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1350	995	Raul Nenestean	00:57:25	01:59:01	01:57:19	1343		Senior	226
1351	2281	Tiago Batista	00:56:29	01:59:02	01:57:39	1358		V45	246
1352	992	Joao Prista	00:57:00	01:59:06	01:57:00	1327		V45	247
1353	1324	Magda Alves	00:56:53	01:59:10	01:58:14	1379		V35	29
1354	803	Rita Guerreiro	00:55:51	01:59:10	01:57:20	1344		Senior	27
1355	1771	Silvia Lourenco	00:58:34	01:59:11	01:57:27	1350		V35	30
1356	136	Jane Thompson	00:57:43	01:59:14	01:58:11	1377		V65	1
1357	1733	Pedro Oliveira	00:58:23	01:59:16	01:57:16	1341		V35	158
1358	1287	Liang Yang	00:58:42	01:59:16	01:54:57	1250		V35	159
1359	2441	José Mira	00:59:10	01:59:17	01:57:05	1331		V70	5
1360	1138	Bernardo Pritchard	00:56:01	01:59:18	01:58:29	1389		Senior	227
1361	2315	Lourenco Pereira	00:57:15	01:59:19	01:57:26	1348	Grupo Desportivo Santander Totta	V55	110
1362	541	Pedro Rodrigues	00:56:51	01:59:24	01:58:15	1381		V50	191
1363	2264	Duarte Porém	00:55:30	01:59:25	01:59:22	1416		V50	192
1364	178	Ricardo Branco	00:54:18	01:59:26	01:58:56	1399	GFD Running	V50	193
1365	1764	Luis Reis	00:58:00	01:59:38	01:57:31	1351		V60	52
1366	1703	Frederico Pinto	00:56:55	01:59:41	01:58:27	1386		Senior	228
1367	1149	Romeu Ribeiro	00:56:55	01:59:41	01:58:28	1388		V40	200
1368	2187	Vanda Rosa	00:54:50	01:59:42	01:58:40	1393	Clube Millennium bcp	V45	33

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1369	2171	Alexandre Mateus	00:58:39	01:59:43	01:56:26	1315		V45	248
1370	1471	João Leitão	00:55:00	01:59:45	01:56:23	1313		V45	249
1371	1629	Luis Revés	00:56:52	01:59:47	01:58:55	1397		V45	250
1372	1874	Gabriel Souza	00:58:58	01:59:50	01:58:03	1373		Senior	229
1373	1919	João Martins	00:55:36	01:59:52	01:58:58	1402	Amigos do Atletismo de Mafra	V40	201
1374	1091	Vitor Ferreira	00:58:05	01:59:53	01:58:10	1376		Senior	230
1375	604	Luís Martins	00:53:16	01:59:53	01:58:42	1394		V55	111
1376	1530	Bruno Ramos	00:55:58	01:59:53	01:58:58	1401		V45	251
1377	62	Sergio Roberto	00:55:32	01:59:54	01:59:20	1414		V50	194
1378	1753	António Horta	00:57:38	01:59:56	01:57:48	1364		V65	15
1379	1304	Paulo Soares	00:54:01	01:59:57	01:58:02	1372		V40	202
1380	1741	Vera Almeida	00:56:42	01:59:57	01:58:31	1390		V40	35
1381	1962	Tiago Almeida	00:56:37	01:59:57	01:58:32	1391		V45	252
1382	2220	Rui Velez	00:58:46	01:59:58	01:57:54	1367		V55	112
1383	2222	Sara Ferreira	00:58:46	01:59:58	01:57:54	1368		V45	34
1384	1560	Francisco Pereira	00:58:16	02:00:01	01:59:24	1417	CCD TRANQUILIDADE	V55	113
1385	795	Carlos Pinto	00:55:00	02:00:03	01:59:18	1411		V55	114
1386	1018	Pedro Botelho	00:57:08	02:00:03	01:58:59	1403		V45	253
1387	478	Diogo Vidigal	00:55:11	02:00:04	01:58:57	1400		V45	254

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1388	676	Jose Raposo	00:56:16	02:00:09	01:58:05	1374		V60	53
1389	1071	Paulo Ramos	00:56:14	02:00:11	01:58:16	1382		V55	115
1390	960	Jorge Rosa	00:59:56	02:00:11	01:57:47	1363		V55	116
1391	1763	Júlio Meireles	00:58:02	02:00:12	01:58:28	1387		V70	6
1392	192	Madalena Patrão	00:57:26	02:00:13	01:58:37	1392		V40	36
1393	1099	João Ferreira	00:58:09	02:00:14	01:59:05	1405		Senior	231
1394	171	Rui Vilhena	00:54:34	02:00:16	01:59:17	1410		V45	255
1395	1203	Vitor Canto	00:57:19	02:00:17	01:58:55	1398		V50	195
1396	140	Marcelo Cardeira	00:57:19	02:00:17	01:58:52	1395		V50	196
1397	1842	Frederico Carvalho	01:01:21	02:00:19	01:57:16	1340	WLF	V50	197
1398	2100	João Peres	00:59:20	02:00:19	01:57:13	1338		V50	198
1399	1749	Paulo Gonçalves	00:55:03	02:00:23	01:58:21	1385	Marvila Jovem	V55	117
1400	989	Pedro Caretas	00:54:24	02:00:29	01:58:21	1384		V35	160
1401	245	Joana Carvalho	00:56:58	02:00:30	01:59:06	1406		V35	31
1402	1012	Gonçalo Delca	00:54:38	02:00:34	01:58:16	1383		V45	256
1403	2359	Pedro Reis	00:57:56	02:00:34	01:57:31	1353		V50	199
1404	2265	Nuno Canha	00:54:27	02:00:39	01:59:25	1420		V45	257
1405	2354	João Pereira	00:52:51	02:00:39	01:59:58	1438		V45	258
1406	1259	Tiago Campos	00:52:52	02:00:42	02:00:02	1441		V45	259

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1407	699	Daniel Silva	00:57:08	02:00:43	01:59:47	1435	Clube Desportivo de Mafra	V45	260
1408	173	Nuno Alvino	00:56:08	02:00:43	01:59:43	1432		V45	261
1409	700	Jose Carlos	00:57:08	02:00:44	01:59:47	1436	Clube Desportivo de Mafra	V55	118
1410	260	Ricardo Sérgio	00:57:49	02:00:46	01:57:08	1334		V40	203
1411	1577	Ana Pulga	00:58:05	02:00:46	01:59:38	1430		Senior	28
1412	1398	Sara Costa	00:56:25	02:00:47	01:59:19	1412	Sara Team	Senior	29
1413	2348	Tiago Cardoso	00:56:25	02:00:48	01:59:20	1413	Sara Team	Senior	232
1414	882	Filipe Ramos	00:52:29	02:00:48	02:00:15	1448		V45	262
1415	837	João Costa	00:59:17	02:00:50	01:58:55	1396		V55	119
1416	338	António Santos	00:50:54	02:00:51	02:00:38	1460		V50	200
1417	1778	André Valério	00:49:07	02:00:51	02:00:16	1451		V35	161
1418	19	Teodora Marvakova	00:56:49	02:00:52	01:59:35	1427		Senior	30
1419	552	José Sabbo	00:59:32	02:00:56	01:59:04	1404		Senior	233
1420	434	Rui Alves	00:58:50	02:00:59	01:59:16	1409		V45	263
1421	1943	Bruna Silva	00:56:22	02:00:59	01:59:38	1429	Dxc Tri Amazing	Senior	31
1422	2080	Paulo Carvalho	00:56:19	02:01:00	01:59:21	1415		V45	264
1423	439	Ricardo Pacheco	00:51:56	02:01:10	02:00:08	1444		V40	204
1424	181	Luís Melo	00:57:09	02:01:13	01:59:41	1431		V40	205
1425	2258	Bruno Figueiredo	00:58:47	02:01:14	01:57:57	1370		V40	206

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1426	1921	Albino Tomás	00:57:55	02:01:15	02:00:58	1475	CBR CALHAU	V65	16
1427	703	Paulo Louro	00:52:25	02:01:16	02:00:54	1474		V55	120
1428	1365	Jorge Pereira	00:59:26	02:01:17	01:59:27	1423		V55	121
1429	2343	Joao Moradias	00:56:59	02:01:18	02:00:25	1455		V50	201
1430	502	António Jerónimo	00:56:48	02:01:18	02:00:45	1464	Vara Trail Running	V40	207
1431	921	Evandro López	00:54:45	02:01:19	01:59:31	1424	Linda-a-Pastora Sporting Clube	V40	208
1432	2179	Luis Silva	00:56:51	02:01:20	01:59:47	1434	Clube Millennium bcp	V55	122
1433	2114	Luis Santos	00:56:15	02:01:20	02:00:15	1447		V50	202
1434	2306	Luis Graça	01:00:33	02:01:24	01:59:35	1428	RFF & Advogados	V55	123
1435	2210	Bruno Carreira	00:57:10	02:01:26	01:57:50	1365		V40	209
1436	531	Hélder Rodrigues	00:55:12	02:01:29	02:00:14	1446	Ratazanas	V50	203
1437	999	Nuno Pires	00:51:49	02:01:33	02:01:00	1476		V45	265
1438	759	João Correia	01:02:23	02:01:33	01:59:11	1407		V35	162
1439	1192	Fernando Guerreiro	00:58:35	02:01:35	02:00:40	1461		V45	266
1440	1331	Paulo Ferreira	00:56:30	02:01:36	01:59:54	1437	DSTP RUNNERS	V50	204
1441	1758	Maria Vieira	00:57:00	02:01:47	02:00:50	1467		V50	22
1442	1756	Carla Destapado	00:57:00	02:01:47	02:00:50	1468		V50	23
1443	2307	João Pratas	01:00:33	02:01:52	02:00:03	1442	RFF & Advogados	V55	124
1444	2388	Pedro Gomes	00:57:27	02:01:56	02:01:03	1477		V50	205

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1445	1765	Paula Machado	00:57:35	02:01:56	02:01:41	1487		V65	2
1446	688	Vitor Rodrigues	00:55:23	02:02:01	02:00:34	1458		V35	163
1447	251	Joao Silva	00:57:49	02:02:01	01:59:59	1440		V50	206
1448	1112	Mário Nunes	00:58:35	02:02:06	01:59:27	1422		V50	207
1449	72	Manuel Guedes	00:57:50	02:02:06	02:00:25	1454		V65	17
1450	866	Francisco Chaves	00:58:32	02:02:07	01:59:45	1433		V40	210
1451	244	Eduardo Neves	00:57:03	02:02:08	02:00:46	1465	CLUBE ATLETISMO AMIGOS DE BELÉM	V40	211
1452	1526	Ricardo Matos	00:55:22	02:02:09	02:01:20	1484		V40	212
1453	1060	Claudia Mendes	00:57:04	02:02:09	02:00:15	1449		V45	35
1454	814	Jorge Saraiva	00:53:10	02:02:11	02:01:33	1485		V40	213
1455	1104	Bibiana Farias	00:58:16	02:02:11	02:00:14	1445		V40	37
1456	611	Jorge Seabra	00:57:33	02:02:12	02:01:18	1483		V50	208
1457	2304	Joaquim Safara	00:57:44	02:02:13	02:02:12	1502		V60	54
1458	535	André Alves	01:00:04	02:02:13	01:57:12	1337		V35	164
1459	1066	Ricardo Faria	00:57:20	02:02:17	02:00:53	1470	Linda-a-Pastora Sporting Clube	V50	209
1460	994	Duarte Talhão	00:57:25	02:02:18	02:00:37	1459		Senior	234
1461	2369	Victoria Ruiz	00:58:27	02:02:20	02:00:54	1471		V35	32
1462	1032	Bernardino Pereira	00:56:00	02:02:24	02:01:48	1490	CF Os Belenenses	V85	1
1463	2165	Sónia Loureiro	01:00:44	02:02:24	01:59:12	1408		V40	38

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1464	397	Cândida Ganchas	00:58:32	02:02:25	02:00:28	1457		V45	36
1465	857	Alexandra Ferro	00:57:41	02:02:25	02:00:53	1469		V45	37
1466	2272	Thomas Leach	01:00:24	02:02:31	01:58:11	1378		Senior	235
1467	1197	Jose Pereira	00:56:32	02:02:33	02:00:54	1473		V45	267
1468	540	Gracinda Fernandes	00:57:00	02:02:33	02:01:12	1480	GMCJamor	V50	24
1469	2330	Joviano Bettencourt	00:58:39	02:02:37	01:59:34	1425		V35	165
1470	1809	Nânci Bôto	00:57:11	02:02:40	02:01:42	1488		Senior	32
1471	1727	Nuno Maria	00:58:02	02:02:42	02:00:43	1462		V45	268
1472	2127	Isabel Nunes	00:55:52	02:02:43	02:02:01	1498	Team El Comandante	V50	25
1473	32	Rita Correia	01:00:26	02:02:44	02:00:08	1443		V40	39
1474	2386	Ricardo Campos	00:58:13	02:02:47	01:59:25	1419		V45	269
1475	1829	Fabrizia Francisqueti	00:55:04	02:02:49	02:01:53	1493	GFD Running	V40	40
1476	2169	Nuno Caldeirinha	00:59:55	02:02:51	02:00:54	1472		V45	270
1477	1440	Mafalda Tomás	00:59:25	02:02:51	02:01:38	1486		V35	33
1478	1393	Pedro Pereira	00:57:11	02:02:52	02:02:27	1510	Estoril Praia Triatlo	V55	125
1479	517	Miguel Barata	00:52:57	02:03:02	02:02:20	1506		V50	210
1480	1366	Ricardo Mano	00:56:46	02:03:04	02:00:15	1450		V40	214
1481	149	Rodrigo Nicolau	00:56:35	02:03:06	01:59:58	1439		V35	166
1482	1892	Carlos Neves	00:54:50	02:03:07	02:01:09	1478		Senior	236

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1483	2246	Duarte Bello	00:59:06	02:03:07	02:00:50	1466		V40	215
1484	991	Vera Silva	00:58:13	02:03:11	01:59:27	1421		Senior	33
1485	1453	Jorge Pedro	00:56:21	02:03:13	02:01:56	1496		V55	126
1486	262	Ricardo Ribas	00:58:48	02:03:14	02:01:54	1495		Senior	237
1487	261	Pedro Meira	00:58:48	02:03:14	02:01:54	1494		V35	167
1488	1804	Ana Vasconcellos	00:56:06	02:03:15	02:02:40	1519		V40	41
1489	1900	Filomena Jesus	00:59:02	02:03:15	02:01:11	1479	Charneca Stars	V50	26
1490	497	Mauro Ruivo	00:57:22	02:03:19	02:00:22	1453		Senior	238
1491	1810	Pedro Silva	00:58:19	02:03:21	02:02:36	1516		V65	18
1492	602	André Pires	00:57:01	02:03:24	02:02:03	1499		V35	168
1493	549	Diogo Marques	00:55:55	02:03:28	02:02:12	1501		Senior	239
1494	218	Eduardo Jorge	00:58:33	02:03:31	02:02:43	1520	Amigos da Corrida	V65	19
1495	577	Cristina Caetano	00:57:00	02:03:33	02:01:15	1482		V55	7
1496	1207	Rui Valente	00:58:16	02:03:33	02:01:15	1481		V45	271
1497	1517	Margarida Lourenço	01:00:22	02:03:34	02:02:21	1507		Senior	34
1498	749	Ricardo Pinto	00:57:17	02:03:36	01:59:34	1426		Senior	240
1499	1518	Carlos Lourenço	01:00:23	02:03:47	02:02:35	1515		V50	211
1500	561	Sergio Manuel	01:00:54	02:03:51	02:00:27	1456		V40	216
1501	1086	Sandra Torres	00:58:30	02:03:53	02:02:25	1508		V40	42

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1502	1846	Rafael Azriel	00:56:43	02:03:56	02:03:12	1527		V50	212
1503	2239	Silvestre Demétrio	00:53:12	02:04:00	02:00:45	1463		V55	127
1504	1677	Sandra Moura	00:57:29	02:04:01	02:02:12	1503		V40	43
1505	221	Filomena Jacinto	00:58:33	02:04:01	02:03:13	1528	Amigos da Corrida	V55	8
1506	1844	Henrique Menezes	00:57:46	02:04:09	02:03:06	1524		V55	128
1507	442	Martim Silva	01:00:41	02:04:16	02:02:29	1511		V45	272
1508	43	Nicoleta Burtoiu	00:56:53	02:04:17	02:03:27	1533		V50	27
1509	1751	Ana Dias	00:55:27	02:04:18	02:03:20	1529		V35	34
1510	788	Octavio Ferro	00:54:44	02:04:18	02:03:55	1547		V55	129
1511	30	Nuno Correia	01:00:26	02:04:18	02:01:46	1489		V50	213
1512	2163	Luis Palma	00:58:04	02:04:20	02:02:59	1522		V50	214
1513	851	Joao Antunes	00:55:21	02:04:22	02:03:41	1540		V55	130
1514	1039	Paulo Esteves	00:54:56	02:04:24	02:03:12	1526		V35	169
1515	105	João Tavares	00:57:18	02:04:28	02:03:47	1543		Senior	241
1516	106	Rita Silva	00:57:17	02:04:29	02:03:48	1544		Senior	35
1517	1654	Carla Marques	01:00:24	02:04:30	02:02:19	1505	Deloitte Running Club	V50	28
1518	1455	Filipa Sousa	00:56:48	02:04:33	02:03:42	1541		V40	44
1519	1377	Severino Rosa	00:57:30	02:04:38	02:03:39	1539	SS CGD	V65	20
1520	1195	Pedro Frade	00:59:00	02:04:38	02:01:51	1491		Senior	242

MONTEPIO MEIA MARATONA CASCAIS



CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1521	2172	Tiago Lopes	00:59:00	02:04:39	02:01:52	1492	Clube Millennium bcp	V35	170
1522	1237	Miguel Pinto	00:59:21	02:04:43	02:03:31	1537		V45	273
1523	1535	Ana Duarte	00:59:21	02:04:43	02:03:30	1535		V45	38
1524	2437	Gustavo Évora	01:00:59	02:04:47	02:02:33	1512		V55	131
1525	2438	João Carvalho	01:00:59	02:04:48	02:02:34	1513		V50	215
1526	2439	Miguel Lopes	01:04:14	02:04:48	02:02:35	1514		V45	274
1527	1124	João Leitão	00:56:10	02:04:56	02:04:26	1565	RunLovers	V50	216
1528	559	Ana Franco	00:57:14	02:05:04	02:04:00	1551		V40	45
1529	808	Maik Reder	00:54:38	02:05:06	02:03:01	1523		V35	171
1530	1736	Poliana Reis	00:56:12	02:05:07	02:03:35	1538		Senior	36
1531	1311	Paulo Calvino	00:57:13	02:05:16	02:04:28	1567		V45	275
1532	1407	João Afonso	00:58:57	02:05:19	02:03:54	1546	CDCR DOS CTT	V50	217
1533	1469	Igor Zagrebnoi	00:56:10	02:05:20	02:03:31	1536		V35	172
1534	257	Mitsuru Takahashi	00:53:02	02:05:21	02:04:13	1557		V45	276
1535	1788	Maria Cardoso	00:56:42	02:05:23	02:05:16	1587		V40	46
1536	672	Marta Melo	00:57:46	02:05:26	02:03:26	1530	Chelsicha Running	V45	39
1537	264	Tiago Martins	00:58:52	02:05:27	02:04:20	1561		Senior	243
1538	1969	Ricardo Correia	00:58:07	02:05:28	02:03:50	1545		V45	277
1539	1506	Rita Oliveira	01:02:20	02:05:28	02:03:45	1542		V40	47

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1540	364	Carla Ramalho	00:59:45	02:05:30	02:03:27	1532		V50	29
1541	12	Luisa Rebordão	00:57:45	02:05:32	02:04:20	1560		V35	35
1542	820	Rodolfo Tristão	00:59:56	02:05:33	02:03:56	1549		V40	217
1543	917	Flávio Coelho	00:59:56	02:05:33	02:03:55	1548		V40	218
1544	1642	Rui Duarte	00:57:37	02:05:36	02:04:40	1573	Karrapateira 1919	V60	55
1545	1954	Joaquim Cardoso	00:58:52	02:05:39	02:04:17	1559		V50	218
1546	845	Sara Catita	00:58:36	02:05:44	02:04:12	1556		V35	36
1547	204	Débora Almeida	00:58:34	02:05:44	02:04:13	1558		Senior	37
1548	1669	Eduardo Ricou	00:59:00	02:05:44	02:04:40	1572		V40	219
1549	508	Tiago Marques	00:57:35	02:05:46	02:05:29	1591		V40	220
1550	1007	Gonçalo Guerreiro	00:59:30	02:05:49	02:04:03	1552		Senior	244
1551	1762	José Lima	00:59:14	02:05:49	02:03:29	1534		V55	132
1552	1974	Ana Leite	01:01:06	02:05:53	02:05:46	1598		Senior	38
1553	2118	Carlos Jesus	01:03:32	02:05:54	02:01:56	1497		V55	133
1554	1766	Paulo Oliveira	00:58:45	02:05:56	02:04:12	1555		V55	134
1555	265	Ana Prata	01:00:48	02:05:56	01:59:24	1418		V40	48
1556	1757	Cláudia Bico	00:58:45	02:05:56	02:04:11	1554		V40	49
1557	241	Rui Pedro	00:59:37	02:05:58	02:04:20	1562		V50	219
1558	555	Inês Rodrigues	00:59:16	02:06:00	02:04:23	1563		Senior	39

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1559	2175	Paula Batalha	00:58:57	02:06:01	02:05:06	1583	Clube Millennium bcp	V55	9
1560	1093	Afonso Pinto	01:01:02	02:06:03	02:04:54	1578		Senior	245
1561	504	Jose Rodrigues	00:59:36	02:06:03	02:02:25	1509		V55	135
1562	83	Joana Silva	00:55:59	02:06:07	02:04:58	1580		Senior	40
1563	124	João Caria	00:59:38	02:06:08	02:05:01	1581		Senior	246
1564	1566	Cristina Raposeira	01:00:59	02:06:10	02:04:33	1570		V35	37
1565	1143	Alison Staples	01:00:54	02:06:10	02:04:48	1576		V40	50
1566	711	Giuliana Angelini	00:58:38	02:06:12	02:05:02	1582		V40	51
1567	799	Gonçalo Domingues	01:01:57	02:06:14	02:02:45	1521		Senior	247
1568	1326	José Marques	01:01:26	02:06:14	02:04:44	1574	Associação de Atletismo Lebres do Sado	V65	21
1569	496	Bernardo Villar	01:01:57	02:06:14	02:02:15	1504		V55	136
1570	2312	Francisco Silva	00:56:56	02:06:15	02:05:09	1584	Grupo Desportivo Santander Totta	V45	278
1571	384	Miguel Vicente	01:01:23	02:06:16	02:04:09	1553		V45	279
1572	392	Nuno Fernandes	00:59:16	02:06:22	02:05:28	1589	Brócolos Assassinos	V60	56
1573	1593	Fernando Brandão	00:58:48	02:06:22	02:04:32	1569	Clube Novo Banco	V60	57
1574	2143	Fabio Pasta	00:58:33	02:06:23	02:04:29	1568		V45	280
1575	2324	Pedro Sá	00:58:52	02:06:28	02:04:26	1564		V35	173
1576	1343	Nuno Seica	00:58:40	02:06:28	02:05:40	1596		V45	281
1577	1913	Carlos Gil	01:01:21	02:06:29	02:03:26	1531		V50	220

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1578	1908	João Pinto	00:59:35	02:06:32	02:05:34	1593		V60	58
1579	1923	Rui Almeida	00:59:35	02:06:32	02:05:34	1594	Associação Corrida Noturna Parque das Nações	V50	221
1580	2090	Rui Teixeira	01:01:32	02:06:33	02:02:07	1500		Senior	248
1581	487	Bruno Marques	01:00:06	02:06:35	02:04:50	1577		V45	282
1582	1639	Simão Fernandes	00:57:48	02:06:36	02:04:27	1566	ADR O Relâmpago	V40	221
1583	2303	Rui Silva	01:09:53	02:06:37	02:05:52	1602	NEWMOVE	V40	222
1584	1300	Pedro Amaral	00:57:08	02:06:38	02:04:45	1575		V45	283
1585	121	Edgar Martins	01:01:21	02:06:39	02:04:58	1579		V40	223
1586	1946	Laura Martins	01:01:03	02:06:40	02:05:54	1603	Sportera	Senior	41
1587	1384	Sofia Argentina	01:01:02	02:06:43	02:05:29	1590	SS CGD	V40	52
1588	1952	Pedro Silva	00:53:53	02:06:44	02:06:19	1610	Federação da Família para a Paz Mundial e Unificação	V35	174
1589	455	Raquel Cruz	00:58:43	02:06:50	02:05:46	1600		V40	53
1590	2099	Jorge Nunes	01:01:01	02:06:51	02:06:14	1606		V40	224
1591	1069	João Romana	00:56:54	02:06:53	02:06:15	1608		V55	137
1592	513	Fernando Carvalhão	01:09:54	02:06:55	02:06:20	1611		V40	225
1593	1622	Paulo Carmo	01:03:31	02:07:00	02:02:37	1517		V40	226
1594	2351	Luis Soeira	01:03:31	02:07:00	02:02:37	1518		V45	284
1595	406	Maria Batalha	00:59:03	02:07:03	02:04:37	1571		Senior	42
1596	1210	Alexandre Lourinho	01:00:32	02:07:12	02:05:12	1585		V45	285

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1597	1790	João Fernandes	00:59:55	02:07:29	02:06:52	1621		V45	286
1598	1725	Sofia Matazova	00:57:35	02:07:31	02:06:14	1607		Senior	43
1599	1522	Diogo Lopo	00:58:07	02:07:34	02:06:08	1604		Senior	249
1600	1022	Patrícia Pacheco	01:03:10	02:07:37	02:05:31	1592		Senior	44
1601	832	Tiago Luis	00:59:37	02:07:38	02:06:58	1623		V35	175
1602	1521	Nelson Gonçalves	00:59:48	02:07:40	02:06:31	1614		V35	176
1603	1588	Tatiana Ildefonso	01:01:07	02:07:44	02:05:12	1586		V40	54
1604	2288	Mariana Grade	00:57:39	02:07:45	02:05:45	1597	Agualva Runners	V60	5
1605	2350	Raquel Pereira	00:57:39	02:07:45	02:05:46	1599		V50	30
1606	2028	Sonia Pulquerio	00:59:58	02:07:45	02:06:10	1605		V45	40
1607	1139	Sachiko Yokota	01:01:48	02:07:48	02:03:09	1525		V40	55
1608	2030	Filipa Bibe	00:59:10	02:07:55	02:07:17	1628		V40	56
1609	1604	Paulo Gonçalves	00:58:39	02:07:56	02:06:39	1620	Clube Novo Banco	V55	138
1610	2309	Antonio Castro	01:02:49	02:08:00	02:06:21	1612	Grupo Desportivo Santander Totta	V50	222
1611	1863	Pedro Carvalho	00:57:11	02:08:00	02:03:59	1550		V35	177
1612	1977	António Rodrigues	01:01:07	02:08:04	02:07:57	1641		V40	227
1613	1102	Luís Coentro	01:02:44	02:08:04	02:06:38	1617		V45	287
1614	690	Olga Dorokhina	01:00:25	02:08:04	02:06:27	1613		Senior	45
1615	1450	Sónia Lopes	00:58:19	02:08:07	02:06:58	1624		V45	41

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1616	1570	Tiago Duarte	00:57:07	02:08:17	02:06:38	1616		V40	228
1617	1558	Mário Cláudio	00:57:06	02:08:17	02:06:39	1619	CCD TRANQUILIDADE	V45	288
1618	1001	Dean Bennett	01:01:43	02:08:30	02:06:39	1618		V40	229
1619	1982	Júlio Alves	01:00:20	02:08:34	02:07:24	1632		V60	59
1620	765	Hugo Paixão	01:01:36	02:08:36	02:07:24	1633		Senior	250
1621	636	Beatriz Figueiredo	00:57:23	02:08:46	02:07:23	1631	Fidelidade GDC	V45	42
1622	2247	Oscar Sanchez	01:01:02	02:08:51	02:07:38	1637		Senior	251
1623	1578	Bernardo Martinho	00:56:59	02:08:52	02:07:00	1626		V45	289
1624	2089	Rui Prdígues	00:57:54	02:08:57	02:07:58	1642		V55	139
1625	595	João Torres	00:59:59	02:08:58	02:08:09	1646		V45	290
1626	619	Sonia Ribeiro	00:59:02	02:09:08	02:06:55	1622		V40	57
1627	2181	Artur Botao	00:56:51	02:09:09	02:07:26	1634	Clube Millennium bcp	V50	223
1628	2021	Eucinário Pinheiro	00:58:50	02:09:10	02:06:58	1625		V55	140
1629	2132	Luis Henriques	01:08:57	02:09:13	01:52:43	1154		V50	224
1630	1101	Mário Luís	00:59:05	02:09:17	02:08:08	1645		Senior	252
1631	1045	Manuel Ferreira	00:58:58	02:09:22	02:07:43	1639		V40	230
1632	754	Fernanda Poças	01:01:31	02:09:34	02:09:27	1675		V45	43
1633	2294	Mark Lavita	01:01:51	02:09:34	02:07:43	1638		V45	291
1634	597	Telmo Azevedo	00:59:57	02:09:35	02:07:31	1636		V40	231

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1635	1000	António Duarte	00:58:08	02:09:36	02:08:49	1657		V60	60
1636	2460	Giovanni Gatti	00:58:16	02:09:40	02:07:05	1627		V60	61
1637	780	Vítor Gonçalves	01:01:06	02:09:42	02:08:10	1647	4 ao km	V50	225
1638	781	Isadora Costa	01:01:04	02:09:42	02:08:10	1648	4 ao km	Senior	46
1639	2101	Gizela Rocha	00:57:11	02:09:43	02:08:32	1652		V35	38
1640	2266	Paulo Teixeira	01:00:04	02:09:49	02:07:45	1640		V60	62
1641	1289	Anna Chervatiuk	01:01:02	02:09:51	02:08:34	1653		Senior	47
1642	1551	Christy Carvalho	01:00:47	02:09:56	02:09:06	1665	CCD TRANQUILIDADE	V45	44
1643	974	Rita Azevedo	00:58:50	02:10:04	02:08:02	1644		V45	45
1644	1476	Mário Lima	00:59:38	02:10:07	02:09:00	1662		V40	232
1645	1435	Pedro Rodrigues	00:56:54	02:10:10	02:07:29	1635		V40	233
1646	1565	Pedro Raposeira	00:57:04	02:10:11	02:08:35	1654		V35	178
1647	1966	Daniel Silvério	00:57:31	02:10:15	02:09:50	1682		V45	292
1648	2215	Katerina Castilho	01:01:10	02:10:21	02:09:18	1669	Lusofonoteam	V45	46
1649	590	Henrique Lopes	00:59:32	02:10:24	02:08:32	1651		Senior	253
1650	2269	João Santos	01:02:39	02:10:24	02:08:57	1661		V50	226
1651	92	Maria Alves	00:57:47	02:10:27	02:09:37	1676		V45	47
1652	2159	Filipe Nunes	01:02:48	02:10:30	02:05:51	1601		Senior	254
1653	1110	Erihan Briro	01:05:00	02:10:36	02:08:01	1643		V35	179

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1654	2186	Eduardo Ferreira	00:58:57	02:10:39	02:09:44	1680	Clube Millennium bcp	V45	293
1655	194	Ana Gorgueira	01:00:20	02:10:41	02:09:41	1677		Senior	48
1656	539	Alessandra Lira	01:03:01	02:10:44	02:05:36	1595		V40	58
1657	1350	Henrique Costa	00:55:25	02:10:45	02:10:11	1684		V60	63
1658	1254	Angelo Meoli	01:03:10	02:10:48	02:07:18	1629		V55	141
1659	1044	Jose Ribeiro	01:03:09	02:10:48	02:07:19	1630		V60	64
1660	1369	Alexandre Ferreira	00:57:59	02:10:49	02:10:26	1689	SS CGD	V40	234
1661	1135	Luís Caixinha	00:58:29	02:10:52	02:08:42	1656		V35	180
1662	2013	Manuel António	01:01:02	02:10:55	02:09:14	1667	Os Galgos	V65	22
1663	2009	Ana Alves	01:00:52	02:10:55	02:09:05	1664	Os Galgos	V40	59
1664	1250	Rita Lopes	00:57:14	02:10:58	02:08:36	1655		V40	60
1665	347	João Figueiredo	01:01:41	02:11:01	02:09:42	1679		V40	235
1666	57	Cidália Borges	01:00:46	02:11:04	02:10:19	1687		V50	31
1667	437	Marco Vaz	01:00:24	02:11:04	02:10:33	1693		V40	236
1668	1806	Maria Dulce	01:03:00	02:11:07	02:09:23	1671		V55	10
1669	2085	João Fernandes	01:03:00	02:11:07	02:09:23	1672		V50	227
1670	1780	Pedro Soares	01:03:00	02:11:07	02:09:22	1670		V45	294
1671	1995	Luís Mira	01:03:04	02:11:08	02:09:23	1673		V55	142
1672	1491	Mário Inocêncio	00:57:56	02:11:08	02:06:32	1615		V60	65

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1673	982	Bruno Judas	00:57:35	02:11:09	02:10:21	1688	Fidelidade GDC	V35	181
1674	1379	Luis Rodrigues	01:00:34	02:11:11	02:09:03	1663	SS CGD	V40	237
1675	1242	Raquel Lopes	01:01:07	02:11:12	02:08:50	1658		V35	39
1676	2466	Cesar Sousa	01:00:27	02:11:25	02:09:16	1668	Casa do conelho dos arcos de valdevez	V45	295
1677	543	Luis Sousa	01:00:39	02:11:36	02:09:24	1674		V45	296
1678	598	Miguel Fernandes	00:59:46	02:11:40	02:10:32	1692		V40	238
1679	2039	João Serra	00:58:18	02:11:44	02:09:55	1683		V60	66
1680	1150	Marco Pires	00:57:59	02:11:44	02:10:39	1698		V40	239
1681	209	Alberto Junior	01:02:07	02:11:47	02:09:41	1678		Senior	255
1682	1798	Paulo Pinheiro	01:00:22	02:11:49	02:11:40	1715		V45	297
1683	1772	Pedro Destapado	01:01:29	02:11:53	02:10:56	1705		V50	228
1684	1542	Marta Sousa	01:01:23	02:11:54	02:11:03	1706	CCD TRANQUILIDADE	V55	11
1685	1082	Dominique Catarro	01:02:46	02:11:55	02:10:16	1686		V45	298
1686	2376	Raquel Marques	01:01:09	02:11:59	02:10:34	1697	GDCT Unicre	V45	48
1687	2375	Paulo Marques	01:01:09	02:11:59	02:10:34	1696	GDCT Unicre	V55	143
1688	36	Adriano Zambujeira	01:01:03	02:12:08	02:10:26	1690		V45	299
1689	746	Noémia Rocha	01:02:42	02:12:25	02:10:28	1691		V45	49
1690	2362	Ana Narciso	01:00:57	02:12:26	02:11:30	1713		V35	40
1691	2368	Luis Calisto	01:00:40	02:12:26	02:11:30	1712		V40	240

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1692	977	Tomás Silva	00:59:33	02:12:36	02:11:04	1708		Senior	256
1693	1009	Sebastião Silva	00:59:33	02:12:36	02:11:05	1709		Senior	257
1694	471	Manuel Barros	01:02:46	02:12:37	02:10:50	1702	Clube do Stress	V65	23
1695	469	Carlos Paiva	01:02:46	02:12:37	02:10:52	1703	Clube do Stress	V60	67
1696	2235	Quentin Warembourg	01:02:22	02:12:41	02:10:13	1685		Senior	258
1697	1345	Filipe Medeiro	01:02:11	02:12:43	02:10:33	1695		Senior	259
1698	190	Flavia Fernandes	01:02:13	02:12:43	02:10:33	1694		V40	61
1699	1734	Pablo Mello	01:03:14	02:12:47	02:08:28	1650		V45	300
1700	1602	Manuela Lopes	01:02:12	02:12:47	02:10:52	1704	Clube Novo Banco	V45	50
1701	869	Bruna Moreira	01:03:00	02:12:49	02:05:25	1588		Senior	49
1702	1653	Célia Baptista	01:01:54	02:12:52	02:10:40	1699	Deloitte Running Club	V45	51
1703	2435	Hugo Santos	01:07:50	02:12:55	02:06:16	1609		Senior	260
1704	79	Inês Pereira	01:01:33	02:13:00	02:10:41	1700		Senior	50
1705	389	Manuel Pedro	01:01:04	02:13:04	02:10:49	1701		V45	301
1706	297	Joaquim Roque	01:04:18	02:13:09	02:09:46	1681		V55	144
1707	1219	Bruno Carvalho	01:02:26	02:13:09	02:08:57	1660		V35	182
1708	751	Marina Rosario	01:00:16	02:13:15	02:11:54	1719		V45	52
1709	67	Luis Amorim	00:59:44	02:13:16	02:11:57	1720		V50	229
1710	315	Marta Nunes	00:58:15	02:13:17	02:12:07	1722		V40	62

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1711	1589	Ana Ferreira	00:58:39	02:13:25	02:12:09	1724	Clube Novo Banco	V50	32
1712	1337	Susana Reis	01:01:48	02:13:25	02:11:46	1716	Vitória de JAnes	V35	41
1713	116	Célia Azenha	01:02:44	02:13:27	02:12:46	1735		V55	12
1714	381	Cecilia Nicolau	01:02:45	02:13:28	02:12:46	1734		V55	13
1715	65	Miguel Carrilho	01:04:06	02:13:28	02:11:52	1718		V45	302
1716	2347	Francisco Correia	00:58:30	02:13:29	02:12:30	1730		Senior	261
1717	2031	Anil Kandemir	01:07:22	02:13:30	02:08:15	1649		Senior	262
1718	1816	José Freitas	01:04:15	02:13:36	02:09:13	1666		V60	68
1719	250	Vanda Sequeira	01:03:24	02:13:41	02:11:26	1711		V50	33
1720	1036	Inês Bernardo	01:03:51	02:13:52	02:12:15	1726	CF Os Belenenses	V40	63
1721	1481	Sérgio Paz	01:03:31	02:13:52	02:11:19	1710		V50	230
1722	1357	Pedro Oliveira	01:01:18	02:13:52	02:13:06	1739	OutSystems Olímpico de Oeiras	V40	241
1723	130	José Soares	01:03:20	02:13:59	02:08:55	1659		V40	242
1724	1043	José Nunes	01:03:23	02:14:00	02:12:09	1723		V50	231
1725	429	Francisco Sarrasqueiro	01:02:32	02:14:09	02:12:55	1738		V75	2
1726	1202	Moisés Rodrigues	01:02:34	02:14:09	02:12:54	1737		V60	69
1727	1257	Pedro Pinto	01:00:58	02:14:10	02:11:47	1717		V40	243
1728	1142	Odília Pereira	01:00:57	02:14:10	02:12:38	1732		V50	34
1729	1493	Mónica Neves	01:00:30	02:14:18	02:12:06	1721		V45	53

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1730	2197	Jose Hilario	00:56:44	02:14:28	02:11:04	1707		V60	70
1731	971	Pedro Capelinha	01:01:45	02:14:32	02:12:33	1731		V50	232
1732	2202	Rui Costa	01:06:06	02:14:33	02:13:09	1741		V35	183
1733	1487	Adrián Genovese	00:59:23	02:14:42	02:13:15	1744		Senior	263
1734	939	Paula Saraiva	01:02:55	02:14:46	02:13:51	1751	Linda-a-Pastora Sporting Clube	V50	35
1735	252	Nátali Santos	01:02:01	02:14:48	02:13:38	1749		Senior	51
1736	565	Angelo Julio	00:57:15	02:14:49	02:12:53	1736		Senior	264
1737	1380	Manuel Baptista	01:03:56	02:14:51	02:12:11	1725	SS CGD	V55	145
1738	285	Nuno Santos	01:05:55	02:14:53	02:13:16	1745		V50	233
1739	288	Bruno Rodrigues	01:05:55	02:14:53	02:13:17	1746		V50	234
1740	1339	Vanessa Lima	01:02:33	02:14:58	02:13:19	1747	Vitória de JAnes	Senior	52
1741	1979	Rubenia Teixeira	01:04:17	02:14:58	02:12:20	1727		Senior	53
1742	1468	Waleria Costa	01:04:17	02:14:58	02:12:20	1728		V40	64
1743	2047	João Guedes	00:56:34	02:15:00	02:13:30	1748		V40	244
1744	965	Aníbal Nogueira	01:02:44	02:15:19	02:13:15	1743		V60	71
1745	248	José Silva	01:00:30	02:15:20	02:14:15	1756		Junior	4
1746	31	Maria Corona	01:00:58	02:15:30	02:14:46	1759		V40	65
1747	78	Vera Dias	01:02:38	02:15:32	02:13:13	1742		V35	42
1748	2062	Liliana Correia	01:01:12	02:15:55	02:14:32	1758		Senior	54

MONTEPIO MEIA MARATONA CASCAIS

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1749	2025	Ana Sobreiro	01:04:53	02:15:55	02:14:29	1757		V45	54
1750	715	Inês Pires	01:05:06	02:16:09	02:12:40	1733		V35	43
1751	1418	Nelaida Marquez	01:02:38	02:16:11	02:13:52	1752	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS	V50	36
1752	1532	João Margaça	01:01:03	02:16:14	02:14:47	1760		V45	303
1753	2079	Juliana Frainer	01:05:21	02:16:14	02:14:04	1754		V35	44
1754	156	André Chanoca	01:05:21	02:16:15	02:14:05	1755		V40	245
1755	1539	Dina Nunes	01:04:14	02:16:21	02:13:47	1750	CCD TRANQUILIDADE	V45	55
1756	2166	Fatima Cunha	01:02:20	02:16:27	02:12:24	1729		V45	56
1757	1448	Carlos Goncalves	01:04:51	02:16:39	02:14:53	1761	LEBRES E TARTARUGAS	V65	24
1758	806	Anita Pajak	01:04:29	02:16:49	02:15:14	1764	Spajderzy	V40	66
1759	1421	Lia Viana	01:04:37	02:16:53	02:15:46	1775	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS	V50	37
1760	2349	Paulo Loureiro	01:03:27	02:16:53	02:16:01	1781		V45	304
1761	2120	Tito Tsuji	01:01:27	02:16:56	02:13:08	1740		V45	305
1762	170	Rui Alves	01:04:12	02:16:57	02:15:57	1777		V45	306
1763	169	Elisa Alves	01:04:13	02:16:59	02:15:58	1780		V45	57
1764	1340	José Pires	00:57:07	02:16:59	02:15:37	1769		V45	307
1765	606	André Gouveia	01:01:49	02:17:12	02:15:45	1772		V35	184
1766	797	Tiago Henriques	01:11:52	02:17:13	02:00:20	1452		Senior	265
1767	1245	Nuno Fideles	01:01:28	02:17:14	02:15:58	1779		V50	235

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1768	1574	André Martins	01:01:00	02:17:18	02:15:42	1770		Senior	266
1769	49	Alicia May	01:04:38	02:17:20	02:15:42	1771		V40	67
1770	1132	Raquel Santos	01:04:26	02:17:23	02:16:04	1782		V40	68
1771	948	Cesário Fonseca	01:04:40	02:17:26	02:16:10	1785		V60	72
1772	2057	Denise Sene	01:05:54	02:17:42	02:15:36	1768		V60	6
1773	423	Bianca Mazur	01:02:47	02:17:46	02:16:13	1786		V40	69
1774	990	Vanda Lima	01:00:56	02:17:50	02:15:46	1773		V40	70
1775	957	Paulo Alves	01:00:57	02:17:50	02:15:46	1774		V45	308
1776	1386	João Cravo	01:03:55	02:17:52	02:16:19	1787	SS CGD	V35	185
1777	2230	Maria Silva	01:03:39	02:17:53	02:17:44	1814		V35	45
1778	1823	Pedro Lopes	01:03:25	02:17:57	02:17:48	1817		V50	236
1779	342	Nella Veloso	01:02:52	02:18:01	02:17:26	1802		V70	1
1780	412	Andrei Buneyeu	01:03:57	02:18:06	02:16:41	1789		Senior	267
1781	787	Luis Pinela	01:02:02	02:18:07	02:17:05	1797		V50	237
1782	1822	Ricardo Basso	01:04:31	02:18:12	02:15:35	1767		V45	309
1783	38	Gonçalo Augusto	00:59:14	02:18:19	02:17:33	1806		V40	246
1784	243	Gilberto Gonçalves	01:03:23	02:18:20	02:16:53	1792	CLUBE ATLETISMO AMIGOS DE BELÉM	V75	3
1785	2139	José Vale	01:02:30	02:18:21	02:17:35	1808		V60	73
1786	2162	Jorge Louro	01:02:28	02:18:21	02:17:36	1809		V55	146

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1787	1016	Ashleigh Robinson	01:04:27	02:18:29	02:14:00	1753		V35	46
1788	424	Anke Konrad	01:03:57	02:18:31	02:17:07	1798		V35	47
1789	185	Francisco Marques	01:01:03	02:18:36	02:17:14	1799		Senior	268
1790	822	Fernando Lourenço	01:01:05	02:18:37	02:17:02	1795		V45	310
1791	1536	Manuel Paulo	00:58:29	02:18:44	02:17:19	1800	Run2finish	V65	25
1792	2174	Paulo Pinto	01:00:09	02:18:45	02:17:43	1813	Clube Millennium bcp	V55	147
1793	2305	Ana Lemos	01:02:31	02:18:46	02:18:21	1822		V45	58
1794	1169	Susana Santos	01:05:24	02:18:46	02:17:35	1807		V45	59
1795	1496	Pedro Henriques	01:03:50	02:18:47	02:15:28	1766		V45	311
1796	354	Sónia Rei	01:02:34	02:18:49	02:17:00	1794		V40	71
1797	1215	José Gonçalves	01:04:34	02:18:51	02:15:25	1765		V45	312
1798	2293	Miguel Batista	01:05:26	02:18:54	02:16:09	1784		Senior	269
1799	1120	Diogo Batista	01:05:26	02:18:55	02:16:09	1783		V40	247
1800	2278	Fabio Santos	01:06:56	02:18:58	02:16:53	1793		V50	238
1801	1792	João Catarino	01:02:28	02:19:10	02:19:04	1828		V55	148
1802	1646	Paulo Pereira	01:00:32	02:19:11	02:17:36	1810		V35	186
1803	330	Nuno Dargent	01:03:10	02:19:11	02:17:03	1796		V50	239
1804	635	Paulo Bonacho	01:01:43	02:19:16	02:17:47	1816	SS CGD	V50	240
1805	367	Telma Abreu	01:04:30	02:19:18	02:17:42	1812		V35	48

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1806	1449	Frederico Sousa	01:04:56	02:19:18	02:17:31	1805	LEBRES E TARTARUGAS	V60	74
1807	246	Clara Cardoso	01:04:21	02:19:26	02:16:35	1788		V40	72
1808	1515	José Oliveira	01:17:00	02:19:26	02:17:45	1815		V65	26
1809	1944	Elisabete Saragoça	01:06:15	02:19:36	02:16:45	1790	Dxc Tri Amazing	V50	38
1810	1011	Luís Braz	01:02:40	02:19:42	02:18:00	1818		V40	248
1811	310	Nuno Nascimento	01:04:04	02:19:49	02:15:50	1776		V50	241
1812	435	Stephanie Ribas	01:01:08	02:20:01	02:18:19	1821		Senior	55
1813	1299	João Lopes	01:09:07	02:20:05	02:17:27	1803		V55	149
1814	1173	Daniel Aguiar	01:01:47	02:20:06	02:18:15	1820		V45	313
1815	1165	Rui Sabino	01:06:03	02:20:17	02:16:47	1791		V50	242
1816	2465	Gildmar Vaz	01:01:02	02:20:19	02:18:11	1819	Casa do concelho dos arcos de valdevez	Senior	270
1817	1796	Luis Lourenço	01:06:02	02:20:19	02:20:13	1841		V45	314
1818	1795	Teresa Quaresma	01:06:04	02:20:20	02:20:15	1842		V45	60
1819	2121	Luis Valente	01:04:38	02:20:28	02:17:22	1801		V50	243
1820	1332	Juliana Baptista	01:00:36	02:20:31	02:18:48	1824	DSTP RUNNERS	V35	49
1821	1335	Antonino Barras	01:01:12	02:20:32	02:18:53	1826	Vitória de JAnes	V45	315
1822	2236	Alan Pereira	01:06:58	02:20:36	02:14:56	1762		Senior	271
1823	2387	Jorge Castanheira	01:00:38	02:20:42	02:19:50	1834		V55	150
1824	586	Fernando Santos	01:05:54	02:20:43	02:19:01	1827		V35	187

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1825	2393	David Lobo	01:07:09	02:20:55	02:15:08	1763	CLUBE ACCENTURE	Senior	272
1826	1296	João Sotomayor	01:02:38	02:21:00	02:18:48	1825		V60	75
1827	2214	Fabiano Castilho	01:07:41	02:21:12	02:20:07	1840	Lusofonoteam	V50	244
1828	1985	Pedro Azevedo	01:01:25	02:21:12	02:20:23	1845		V40	249
1829	1781	Andreia Pessoa	01:03:05	02:21:16	02:19:30	1831		V45	61
1830	1935	Luis Teixeira	01:00:00	02:21:18	02:19:58	1837	Os 3 violinos	V50	245
1831	468	Rui Pastor	01:03:43	02:21:20	02:20:00	1838	CCDTMetroLX	V50	246
1832	816	Nuno Carvalho	01:00:59	02:21:26	02:20:33	1847		Senior	273
1833	1456	Nuno Nunes	01:05:30	02:21:28	02:19:22	1829		Senior	274
1834	410	Rita Paula	01:03:44	02:21:30	02:19:36	1832		Senior	56
1835	1280	Emi Silva	01:05:59	02:21:32	02:19:26	1830	Associação Vale Grande	V40	73
1836	947	Elisabete Maria	01:06:00	02:21:33	02:19:40	1833		V50	39
1837	1611	João Firmino	01:07:09	02:21:45	02:15:57	1778		Senior	275
1838	2327	Fida Khalife	01:06:09	02:21:56	02:20:57	1848		V45	62
1839	1057	Rui Inácio	00:59:51	02:21:58	02:20:19	1843		V40	250
1840	499	Francisco Santos	01:05:14	02:22:07	02:21:13	1852		V65	27
1841	473	António Paulino	01:07:59	02:22:11	02:20:22	1844	Clube do Stress	V70	7
1842	472	Carlos Abreu	01:03:00	02:22:14	02:20:29	1846	Clube do Stress	V55	151
1843	2257	André Cardoso	01:02:45	02:22:15	02:19:54	1835		V40	251

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Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1844	2256	Pedro Cardoso	01:02:45	02:22:15	02:19:54	1836		V35	188
1845	2084	Vitor Barreto	01:01:16	02:22:35	02:21:56	1857		V50	247
1846	524	Bruno Ferreira	01:02:19	02:22:42	02:20:06	1839		Senior	276
1847	503	Carlos Casal	01:07:12	02:22:43	02:17:29	1804		V45	316
1848	498	Rui Ferreira	01:06:03	02:22:45	02:17:42	1811		V50	248
1849	2157	Tiago Ferreira	01:03:41	02:22:46	02:22:15	1861		V35	189
1850	562	Ana Lopes	01:05:52	02:22:54	02:20:59	1849		Senior	57
1851	1871	Beatriz Fernandes	01:05:42	02:23:00	02:21:12	1851		V50	40
1852	2342	Carlos Ferreira	01:00:06	02:23:04	02:22:41	1870		V65	28
1853	883	António Campos	01:04:03	02:23:18	02:22:25	1866		V45	317
1854	2336	Rui Heitor	01:03:25	02:23:21	02:22:28	1867		V45	318
1855	698	Jorge Paulino	01:07:21	02:23:22	02:22:22	1864	Clube Desportivo de Mafra	V65	29
1856	697	Diamantino Albuquerque	01:07:20	02:23:22	02:22:23	1865	Clube Desportivo de Mafra	V65	30
1857	445	Sónia Cândido	01:03:41	02:23:30	02:22:34	1869		V40	74
1858	1726	Luis Ochôa	01:08:58	02:23:38	02:21:24	1854		V45	319
1859	1274	Elsa Carrilho	01:06:18	02:23:41	02:22:30	1868		V40	75
1860	476	Ana Matias	01:03:23	02:23:41	02:21:26	1855		V55	14
1861	1388	Paulo Lopes	01:06:36	02:23:41	02:18:29	1823	Nicolau & Rosa, Lda	V50	249
1862	444	Paulo Gonçalves	01:05:22	02:23:50	02:22:16	1862		V65	31

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1863	1549	Margarida Sousa	01:06:06	02:23:53	02:22:01	1858	CCD TRANQUILIDADE	Senior	58
1864	1223	Josiane Azevedo	01:05:04	02:23:54	02:21:19	1853		V35	50
1865	2339	Stefan Nilsson	01:02:32	02:23:56	02:22:45	1871		V50	250
1866	1605	Paulo Ricardo	01:03:24	02:23:58	02:22:08	1859	Clube Novo Banco	V55	152
1867	2180	Jose Rebelo	01:02:52	02:24:11	02:23:24	1872	Clube Millennium bcp	V55	153
1868	1841	Paulo Vaz	01:02:57	02:24:23	02:23:25	1873	Quarteto	V50	251
1869	753	Maria Santos	01:01:35	02:24:30	02:23:29	1876		V50	41
1870	378	Victor Venda	01:06:03	02:24:38	02:22:11	1860		V50	252
1871	773	Pascal Pineda	01:07:52	02:24:49	02:21:52	1856		V55	154
1872	1597	Jorge Monteiro	01:06:09	02:24:57	02:23:33	1877	Clube Novo Banco	V55	155
1873	1437	Ricardo Mendes	01:04:09	02:25:01	02:22:17	1863		V40	252
1874	2319	Ricardo Neves	01:03:44	02:25:09	02:24:07	1880	Grupo Desportivo Santander Totta	V45	320
1875	830	Jody Giordano	01:05:24	02:25:15	02:23:28	1875		Senior	277
1876	87	Carlos Correia	01:02:40	02:25:24	02:24:04	1879		V65	32
1877	1584	Nuno Mota	01:03:38	02:25:45	02:23:52	1878	Run&Win(e)	V40	253
1878	1116	Maria Vieira	01:06:43	02:25:46	02:23:27	1874		V50	42
1879	1746	Moisés Pires	00:59:44	02:25:46	02:24:27	1883		V55	156
1880	726	Pedro Braz	01:01:44	02:25:48	02:24:46	1890		V60	76
1881	1355	Vitor Faria	01:05:59	02:25:55	02:25:02	1893		V50	253

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1882	2372	Gonçalo Oliveira	01:05:31	02:26:01	02:24:36	1887	GDCT Unicre	V60	77
1883	1404	Sandra Gonçalves	01:05:31	02:26:02	02:24:35	1885	CDCR DOS CTT	V50	43
1884	1403	Esmeraldo Gonçalves	01:05:31	02:26:03	02:24:35	1884	CDCR DOS CTT	V50	254
1885	738	Maria Andrade	01:04:06	02:26:11	02:24:15	1881		V60	7
1886	1427	Manuel David	01:03:23	02:26:18	02:24:51	1891		V65	33
1887	739	Ana Saraiva	01:12:28	02:26:44	02:24:23	1882		V45	63
1888	474	Ana Paulino	01:08:13	02:26:44	02:24:56	1892	Clube do Stress	V70	2
1889	1328	José Sá	01:08:31	02:26:54	02:26:00	1896	Associação de Atletismo Lebres do Sado	V60	78
1890	2022	Nayara Pinheiro	01:03:46	02:26:55	02:24:43	1888		Senior	59
1891	632	Ana Feijó	01:09:18	02:26:56	02:24:45	1889	SS CGD	V35	51
1892	613	João Veiga	01:05:58	02:27:30	02:25:34	1894		V35	190
1893	293	Aníbal Rosa	01:08:50	02:27:32	02:21:07	1850		V45	321
1894	1708	Rui Fernandes	01:02:42	02:27:51	02:25:53	1895		V50	255
1895	1033	Carlos Crespo	01:09:54	02:27:57	02:26:18	1897	CF Os Belenenses	V60	79
1896	2106	Carlos Rydin	01:11:41	02:28:09	02:24:36	1886		V60	80
1897	548	Rikke Johannesen	01:05:11	02:28:20	02:26:57	1899		V45	64
1898	64	Jose Bravo	01:04:08	02:28:20	02:26:44	1898		V45	322
1899	712	Augusta Fonseca	01:05:12	02:28:21	02:26:59	1901		V45	65
1900	202	António Lima	01:09:38	02:28:47	02:27:00	1902		V45	323

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1901	129	Márcio Marreiros	00:56:20	02:28:59	02:26:58	1900		V40	254
1902	675	Nuno Manuel	01:00:19	02:29:00	02:27:12	1904		V50	256
1903	1916	Rogério Matos	01:09:21	02:29:39	02:28:32	1912		V60	81
1904	272	Benny Cheung	01:05:36	02:29:48	02:27:43	1907		V50	257
1905	1111	Carla Nunes	01:11:35	02:29:51	02:27:11	1903		V45	66
1906	1206	João Seguro	01:07:36	02:30:09	02:27:31	1906		V40	255
1907	890	Ricardo Sousa	01:04:58	02:30:22	02:28:23	1911		V45	324
1908	2113	Nuno Paisana	01:00:02	02:30:50	02:29:45	1914		V50	258
1909	1696	Maria Macdonald	01:09:05	02:31:08	02:29:47	1915		V45	67
1910	2195	Aurora Bartolomeu	01:04:53	02:31:19	02:30:15	1917		V60	8
1911	588	Manuel Graça	01:07:20	02:31:36	02:28:50	1913		V75	4
1912	813	João Jorge	01:01:28	02:31:43	02:27:46	1908		Senior	278
1913	742	Manuel Carvalho	01:12:00	02:32:07	02:29:59	1916		V70	8
1914	2442	Ricardo Valente	01:09:31	02:32:24	02:27:13	1905		V45	325
1915	1423	Verona Horan	01:09:46	02:32:27	02:31:12	1919		V55	15
1916	1861	Eduardo Lopes	01:14:06	02:32:31	02:28:03	1909		V55	157
1917	1811	Manuela Ferreira	01:14:06	02:32:31	02:28:07	1910		V45	68
1918	1693	Cristina Rainha	01:06:51	02:33:20	02:31:10	1918		V55	16
1919	589	José Palma	00:57:10	02:33:28	02:31:45	1920		V60	82

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1920	1663	Bruno Marques	01:05:11	02:33:46	02:32:36	1922	Deloitte Running Club	Senior	279
1921	1383	Patricia Muchacho	01:07:20	02:33:53	02:31:55	1921	SS CGD	V45	69
1922	1967	Catia Ramos	01:08:23	02:35:00	02:33:42	1923		V40	76
1923	1968	Luiz Pereira	01:08:24	02:35:01	02:33:43	1924		V40	256
1924	1327	Manuel Prates	01:08:15	02:35:22	02:33:52	1925	Associação de Atletismo Lebres do Sado	V75	5
1925	1329	Lídia Vieira	01:08:15	02:35:22	02:33:53	1926	Associação de Atletismo Lebres do Sado	V50	44
1926	1624	Anton Verbych	01:25:00	02:35:24	02:11:37	1714		Senior	280
1927	349	Isa Santos	01:08:35	02:35:49	02:34:30	1929		V40	77
1928	2227	Daniel Niiaziiiev	01:15:46	02:36:00	02:34:15	1927		V40	257
1929	1945	Milena Martins	01:06:44	02:36:04	02:35:17	1933	Sportera	Senior	60
1930	98	Mario Pires	01:10:25	02:36:13	02:34:27	1928		V60	83
1931	657	Vanda Ferreira	01:09:44	02:36:14	02:34:55	1931	J.O.M.A Juventude Operária Monte Abrão	V45	70
1932	422	Arthur Mazur	01:11:31	02:36:19	02:34:46	1930		Senior	281
1933	352	Joao Colaco	01:11:19	02:37:20	02:36:13	1935		V50	259
1934	2358	Elaine Costa	01:10:58	02:37:35	02:35:50	1934		V35	52
1935	1247	José Mendes	01:06:11	02:38:12	02:36:52	1937		V40	258
1936	76	Ana Simões	01:12:07	02:39:45	02:38:17	1938		Senior	61
1937	815	Anna Costa	01:09:51	02:39:58	02:38:39	1940		V35	53
1938	510	Carolina Santos	01:13:55	02:40:12	02:36:50	1936		Senior	62

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CLASSIFICAÇÃO 2023

Lugar	Dorsal	Nome	Tempo 10 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão
1939	1429	Sérgio Catarino	01:06:57	02:40:12	02:35:12	1932		V40	259
1940	470	Diogo Carmo	01:18:52	02:40:48	02:38:33	1939	Clube do Stress	V60	84
1941	187	Paulo Guedes	01:10:02	02:41:32	02:40:22	1943		V50	260
1942	1090	Sérgio Caiado	01:10:24	02:42:28	02:40:16	1942		V45	326
1943	940	Joana Chouriço	01:12:06	02:42:31	02:41:56	1947	Running Club Santa Casa	V60	9
1944	71	Rosa Reis	01:14:30	02:42:45	02:42:10	1948		V65	3
1945	1949	João Ribeiro	01:14:31	02:42:53	02:39:52	1941	Vamos preguiçosos	V45	327
1946	1950	Rute Miroto	01:14:33	02:42:55	02:40:54	1946	Vamos preguiçosos	Senior	63
1947	713	Ana Santos	01:12:34	02:43:08	02:40:48	1945		V45	71
1948	368	Raquel Ribeiro	01:12:28	02:43:09	02:40:33	1944		V35	54
1949	1615	Luan Carneiro	01:14:06	02:44:37	02:42:24	1949		V35	191
1950	1224	Eduardo Parreira	01:16:33	02:45:36	02:44:32	1950		Senior	282
1951	930	Ana Telo	01:11:37	02:46:45	02:44:56	1951		V50	45
1952	927	Vitor Pinheiro	01:20:08	02:47:38	02:46:29	1953	Irmandade	Senior	283
1953	926	João Pinheiro	01:20:06	02:47:39	02:46:30	1954	Irmandade	V35	192
1954	1543	Maria Silva	01:20:08	02:49:17	02:45:27	1952	CCD TRANQUILIDADE	V45	72
1955	730	Marina Ramos	01:14:07	02:49:18	02:47:55	1955		V45	73
1956	2248	Ricardo Hinojosa	01:10:41	02:49:54	02:48:37	1956		Senior	284
1957	2374	Paulo França	01:14:32	02:50:56	02:49:31	1957	GDCT Unicre	V60	85

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<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Lugar Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Lugar Escalão</i>
1958	488	Daniel Leão	01:19:40	02:52:51	02:50:50	1958		V40	260
1959	1422	Ka Vong	01:15:35	02:55:10	02:53:36	1960		V50	46
1960	767	Teresa Sérvulo	01:14:32	02:55:20	02:53:51	1962		V50	47
1961	345	Cristina Rioto	01:27:18	02:59:41	02:53:40	1961		V55	17
1962	484	Maria Elisa	01:27:19	02:59:47	02:51:41	1959		V55	18
1963	807	Julie Ala	01:29:21	03:07:13	03:04:59	1963		Senior	64
1964	1993	Rui Melão	01:29:45	03:10:23	03:06:51	1964		V55	158
1965	1220	Jorge Ortega	01:35:56	03:11:05	03:09:51	1965		V35	193